

Calgary metro

BOOK EXCERPT
RAINN WILSON PLAYS HIS
COMEDIC INSTRUMENT
metroLIFE



Your essential daily news | THURSDAY, NOVEMBER 5, 2015

High 4°C/Low -6°C Partly cloudy

TRUDEAU'S CABINET

Calgary MP gets seat at the table

Brodie Thomas
Metro | Calgary

Kent Hehr was seen making his way toward Rideau Hall Wednesday morning, confirming what many had already suspected: He was bound for cabinet.

The former Liberal MLA did what many said was impossible, defeating a Conservative in the party's stronghold city.

Now he has been elevated to the government's inner circle.

Hehr was given one of the thorniest portfolios in the federal cabinet — veterans' affairs.

But he was also named associate minister of defence, giving him a window into one of the most important portfolios.

Hehr has experienced what many veterans have also gone through — going from an able bodied young man to facing severe physical limitations.

His appointment may be meant to send a symbolic message of understanding and reconciliation to veterans, who often had a strained relationship with the previous government.

WITH FILES FROM THE CANADIAN PRESS

Canada's leader

Trudeau makes pledge to the people on historic day



Prime Minister Justin Trudeau and his family lead the new Liberal cabinet to Rideau Hall in Ottawa on Wednesday. SEAN KILPATRICK/THE CANADIAN PRESS

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IN BRIEF

No "magic wand"

to fix layoffs: Premier

Premier Rachel Notley is firing back at critics of her job creation and diversification plan.

Notley told the house during a heated question period on Tuesday afternoon that there is no "magic wand" to replace the thousands of layoffs in the oil and gas sector.

Notley says her government is sticking with its plan to offer hiring incentives and diversify the economy for the long term.

Wildrose Leader Brian Jean says in the meantime investors are fleeing, businesses are closing and families are feeling the pinch.

Notley responded by saying Jean's comments only make things worse by sowing fear.

THE CANADIAN PRESS

Calgary man accused of dating site fraud

Calgary police have arrested a man for allegedly defrauding a woman he met on a dating website.

Police say in March, a man convinced a woman to give him cash in exchange for a cheque for \$550.

The woman was later alerted by her bank that it came back as non-sufficient funds, and she never heard from the man again.

Dallon Kyle Johnstone, who is 28, is charged with fraud under \$5,000.

THE CANADIAN PRESS

Consultation came after decision: Parents

WALKING DISTANCE

Group claims CBE began talks in 2014



Aaron Chatha
Metro | Calgary

A Calgary parent group is saying the Calgary Board of Education had already made a decision about changing the distance students would have to walk to the bus stop before they reached out for parent opinions.

The Calgary Association of Parents and School Councils (CAPSC) obtained documents through a Freedom of Information and Protection of Privacy Act request. Greg Oberti, vice-president of CAPSC, told Metro that the documents indicate the CBE was talking about changing walk distances as far back as March 2014.

The CBE made a move to congregated bus stops at the beginning of the school year, but after outcry over walk distances from some parents, they have been changing routes and adding buses to shorten walk distances for some students.

"CAPSC is extremely disappointed the CBE made a decision, at least 18 months ago, to transition to a 2.4-kilometre walk distance for all children," said Oberti.

The documents, which were provided to Metro, indicate a



The Calgary Association of Parents and School Councils, through documents they obtained, say the Calgary Board of Education had already decided to extend bus walk distances before consulting with parents. JENNIFER FRIESEN/FOR METRO

three-year strategy was proposed in March 2014 to phase out then-current walk zones and phase in the provincial walk zone of 2.4 km, as part of a Transportation Fee Analysis Report.

"Not only was there no consultation, this information was not disclosed to the public until a year later," said Oberti, referring to February 2015 parent transportation survey. "What the documents show is the decisions had already been made."

The CBE stated in September that the maximum walk distance for their students would be 1.6 km for elementary stu-

"This information was not disclosed to the public until a year later."

Greg Oberti

dents and 1.8 km for junior high and high school students.

In response to CAPSC's claims, the CBE released a statement to Metro.

"This fall, the Calgary Board of Education committed to an independent transportation

study to review its service model. We also committed to seeking parent and public feedback as part of a broad public engagement process to review transportation for the next school year and into the future."

Oberti said the CBE received 3,000 'stop change requests' when they changed the walk limit to 1.4 km from a resident's home to the bus stop. He said this should have given administration reason to pause before extending bus walk distances.

He believes it's an issue of safety, asking young children to walk long distances in Calgary winters.

FUNDRAISER

MLA offering yoga class



Jeremy Simes
For Metro | Calgary

Calgarians will be able to downward dog with MLA Brandy Payne in two weeks. The former yoga instructor will teach a class in Acadia to raise funds for the NDP and her electoral district.

"It's not often there's a yoga fundraiser," Payne said, noting provincial parties normally throw events to generate funds and meet constituents.

"I thought it would be a really fun event for the community," she added. "It's a chance for supporters to come out and have a chance to interact in a different way."

In May, Payne — who also ran a small business — defeated former justice minister Jonathan Denis to take the riding.

If you'd like to open your chakras and om with her, expect a fee of \$35 per person.

And after the 60 minute class — when everyone gets the chance to say namaste — organizers will provide tea and other refreshments. Yogis will also have a chance to chat with Payne.

The one-time class will be held at the Acadia Recreation Complex — 240 90 Avenue SE — on Nov. 15 from 1 - 3 p.m.

The event was launched via the NDP's website on Tuesday.

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Manslaughter charge laid in alleged domestic dispute

CRIME

Woman found dead at busy home with many residents



Lucie Edwardson
Metro | Calgary

Neighbours are describing a home where a woman was found dead Tuesday afternoon as having a revolving door of residents, and said they heard loud fighting in the days leading up to the incident.

Police and EMS were called to the home on the 0-100 block of Whitmore Bay NE, Tuesday around 3:30 p.m., after there was a report of someone dead inside the home.

Following an autopsy, police have confirmed that the death was a homicide. They have identified the victim as Janel Squirrel, 26, of Calgary.

Leo Pantherbone, 45, is charged with manslaughter.

Police suspect Squirrel's death is the result of domestic violence.

Melody Rayner, who lives next door said she had hear shouting and swearing prior to the incident.

"I heard a lot of fighting over the last few days. My bedroom's close to the wall and they come outside and smoke right outside the door there and I heard one

man shouting and swearing," she said. "I was concerned so I made sure my door was locked."

Rayner, who has two small children, ages 4 and 8, said the incident has fuelled her resolve to move out of the area.

"I was thinking of moving to a nicer area for my children's sake before, but now this is really driving that home for me," she said.

Tammy, who lives three doors down and asked Metro not to use her last name, said she sees people entering and exiting the home at all hours.

"There's lots of people that come or go out of there," she said.



There's a lot of people that come or go out of there.

Tammy, a neighbour

"I was thinking it's a halfway house but then my husband mentioned that to the officer last night and it's like a Dream Centre home or something to get them back into society."

Tammy said she feels community members should be told when there is a halfway home or similar housing project in their neighbourhood.

Anyone with information is asked to contact police by phoning their non-emergency line at 403-266-1234.



Police tape surrounds a home in Calgary's northeast after a woman was found dead in the home. Police suspect the death is a result of a domestic dispute. JENNIFER FRIESEN/METRO

GUNS AND GANGS UNIT

Man shot, hurt in Panorama

The Calgary police Guns and Gangs Unit is investigating a shooting Tuesday in Panorama Hills that left a man in hospital.

Staff Sgt. Quinn Jacques said police were called to a home on the 0 to 100 block of Panamount Heights NW, after a man in his early 20s was shot outside his house.

Jacques said the man arrived at a home just after 11 p.m. and when he left his vehicle he was approached by an unknown man, who spoke with him briefly — before shooting him multiple times.

The man was able to enter his home, at which time family members called 911. A family member tried to take him to the hospital as officers arrived.

EMS transported him to hospital in serious condition. He has since been upgraded to serious but stable condition.

Jacques said circumstances suggest this was not a random attack. Investigators are trying to determine a motive.

"We're looking at if this associated to an ongoing gang war, drug trafficking, lifestyle choices," he said.

The shooter is described as a black man dressed in black. He was driving an older model gold or champagne Acura RDX or Lexus RX350. Anyone with information is asked to call the Calgary police non-emergency line at (403) 266-1234, or Crime Stoppers at 1 (800) 222-8477.

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DEVELOPMENT

Secondary suite exemption plan growing



Helen Pike
Metro | Calgary

The City of Calgary is noticing a steady increase of secondary suite applications thanks in part to their development permit exemption program.

Launched in September, the program gives those who don't have safe suites the option to apply and make them compli-

ant with bylaws, but also allows them to skip the permit process, shaving about \$2,000 off the process — and many hours otherwise spend buried in paperwork.

The exemption program is a pilot that will be available for 18 months. So far, the city has received 26 permits that didn't require development permits since the program launched in September and is on track to surpass the amount of permits given out over last year.

"This is a little bit of an increase," Michael Van Ham, coordinator of applications and inquiries at the City of Calgary, said. He added they want to make sure sites are safe and this program was brought forward to try and make as many basement suites safe and compliant.

"I believe it's working; what we're seeing is more people are making the application because there's no two or three month holdup for the development per-

mit," Van Ham said. "We're getting more sites that previously weren't safe, that are now safe."

Every year secondary suite permit applications fluctuate, but have been on the rise. Last year the city received 98 applications and so far this year, as of Nov. 4, the city has raked in a total of 97. The most applications so far since the pilot began have come from Ward 9.

More information is available at calgary.ca/secondariesuites.



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Carbon monoxide has been ruled out, and the fire department said the children's symptoms are "a bit of a mystery."

AARON CHATHA/METRO

260 students evacuated

WOODLANDS ELEMENTARY

Kids had poisoning symptoms, but no CO found



Aaron Chatha
Metro | Calgary

Woodlands Elementary School was evacuated Wednesday morning, and 14 children were sent to hospital with carbon monoxide poisoning symptoms, but the Calgary Fire Department isn't sure about the cause.

"Our crews went through the school, no readings of carbon monoxide were found, we currently have our haz-tech officers with very sensitive equipment going through," said Carol Henke, Calgary Fire Department's public information officer. "Especially in the music room, because that's where the children with the symptoms were."

Henke added carbon monoxide has been ruled out and the children's symptoms are "a bit of a mystery."

EMS stated that no identifiable causes or sources of illness were found through testing at the scene, including air and water quality measure.

Students reported experiencing nausea, queasy stomachs, and were taken to the children's

hospital in non-life-threatening condition as a precaution.

"A total of 15 patients were assessed by paramedics at the scene, all of them students, all aged 8 to 10 years old, males and females," said Stuart Brideaux, AHS public education officer in a statement.

Parents said they rushed over to the school when they heard it had been evacuated.

"I was worried about it, I didn't even know about it, my sister texted me because she saw it on Facebook. I work across the city, so that kind of freaked me out, so I called the school," said Tasha Roper.



Our crews went through the school, no readings of carbon monoxide were found.

Carol Henke

Roper's son, in Grade 5, was in class when the incident occurred.

"He's the one who actually saw the kids pass out. So I'm still kind of worried about that," she said.

Roper said her son was feeling fine, but she took him out of school to be safe. A number of other parents took the same precaution.

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Unique art space to open

MARDA LOOP

Voltage Create Garage to offer collaborative atmosphere



Jeremy Simes
For Metro | Calgary

When MLA Greg Clark vacated his campaign office, Andrea Llewellyn had an idea: turn the deserted garage into Calgary's newest space for artists.

But Llewellyn couldn't do it on her own, so she decided to call up Kelly O. Johnsgaard.

Little did he know, however, that Llewellyn had set a meeting with the Marda Loop BRZ, meaning things were about to get real — the project was basically official.

"I was a little gobsmacked," Johnsgaard said. "I was like,

'I can't believe this is happening so fast,' but it was all or nothing."

Johnsgaard — who was in between jobs at the time — said he always had an idea to open a multimedia studio in the area, and would occasionally eye the garage space.

So, it was a no-brainer — he was in.

"He jumped in with the sharks," Llewellyn said with a laugh.

The space — called Voltage Creative Garage — will house multi-disciplinary artist studios, showcases and instruction, where all types of artists can set up shop, Llewellyn said.

“

We really wanted to have something different.

Andrea Llewellyn

"We really wanted to have something different in the neighbourhood," she said. "There are all these great places to go in the city — you have containR in Kensington and great spots in East Village — but there's isn't much in Marda Loop right now."

The duo managed to work



Kelly O. Johnsgaard and Andrea Llewellyn will offer an affordable space for artists to work.

JACQUIE AQUINES / CONTRIBUTED

out a fairly good deal with the landowners of the property, meaning they could offer a space that's relatively affordable, Johnsgaard said, adding Voltage will charge a monthly

fee of \$2.50 per square foot.

"We wanted to pass on the savings we're getting to the artists," he said. "We're not in this to get rich and make a lot of money — we want to see

artists thrive and collaborate."

Llewellyn and Johnsgaard are set to open the space sometime in November — they're waiting to get the last go-ahead from the city.

IN BRIEF

Ski season arrives in the Rockies

Calgarians looking to hit the slopes won't have to wait much longer. Several ski resorts in the Rockies are getting their first snow and getting ready to open to the public. Norquay has a limited opening as of today. The cascade chair is operating today from 10 a.m. to 4 p.m. and skiers will enjoy early season rates. Lake Louise is opening tomorrow. For those with the day off, Nakiska is opening next Wednesday, Nov. 11. METRO

First Nations establish road blockade over rebuild plans

Residents of a southern Alberta First Nation have set up a blockade on one of their roads. They were evacuated from their low-lying homes due to record flooding in June 2013, and say their chief and council are not listening to their concerns about where new housing is being built. About 100 homes were destroyed during the flood, and nearly 1,100 band members have been without a permanent home since then. THE CANADIAN PRESS

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**SAIT
POLYTECHNIC**

Campaign hopes to fill needed hampers

STUFF-A-BUS

20 per cent more families at food bank in September



Helen Pike
Metro | Calgary

Calgary Transit is hoping this year's stuff-a-bus campaign will have the vehicles packed to the ceiling as the food bank is reporting a huge need through these tough economic times.

This year the stuff-a-bus event will be held across the city's Co-op stores Saturday, Nov. 7, from 9 a.m. to 4 p.m..

People shopping for themselves are urged to help pack buses with food, diapers and donations as the food bank pre-

pares for its busy season.

"There is a great need this year," said Shawna Ogston, a Calgary Food Bank spokeswoman.

"This September we saw 20 per cent more families and individuals coming (to the food bank) than we did in the previous year and we're not surprised."

Ogston said they have seen numbers increasing since the decline in the economy before January and February.

"Because our warehouse has

75

75 volunteers will be helping with this year's stuff-a-bus event

about four weeks of food...we know we need to keep our stocks full to meet demand."

Ron Collins, said there will be

75 volunteers from operators to transit staff helping out to greet folks coming in and out of stores and helping to pack the groceries on to vehicles.

"It's a very big day for us and we're hoping for great things — we're hoping we'll have as much success as we did last year," said Collins.

Last year the drive raised over \$40,000 in cash donations and 80,000 pounds in food — a record-setting year.

"We hope to achieve that again...we'll try and do the very best we can."

Ogston noted expenses in Calgary are still pretty high, but people are losing their jobs and even the back-to-school shopping could put some families in a tipping point situation — and what's a busy time now will get busier with the tough economy and job loss continuing.

"It's our big push towards the Christmas season," Ogston said.

U OF CALGARY

Students happy to have Hehr in cabinet

Kent Hehr has been praised by the University of Calgary's students' union leader as an alumnus and an outspoken voice for students as he makes his way into Liberal Cabinet.

Although his portfolio has nothing to do with post-secondary education, students at the University of Calgary are excited to see a leader who has spoken out on their behalf representing them in Ottawa.

"It's good to know the cabinet table will have a strong student advocate in it with Kent Hehr, even if the ministry doesn't match it — we're extremely happy to see him there," said Levi Nilson, president of the Students' Union at the University of Calgary.

Wednesday the Calgary Centre MP was sworn into cabinet as the minister of veterans affairs and associate minister of national defence.

Hehr studied at the University of Calgary where he received a Bachelor of Arts in Canadian studies and a Bachelor

of Laws in 2001. The University named him graduate of the decade and one of the top 40 graduates in 40 years.

According to the University of Calgary he is among four U of C alumni to grace Parliament. Others are Stephen Harper, Pierre Poilievre and Meghan K. Mahoney.

"He's been a familiar face on campus," said Nilson. "We're definitely excited."

He added Hehr was a very vocal voice when the Students' Union fought against the implementation of the controversial market modifiers — which would see some student tuition rates rise thousands of dollars — a decision that was reneged by the Alberta NDP government when they came into power.

"When there were concerns about the tuition cap he asked some extremely tough questions in the legislature and publicly," said Nilson. "He was a great ally for us."

HELEN PIKE/METRO

“When there were concerns about the tuition cap he asked some extremely tough questions ...”

Levi Nilson

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Kent Hehr is now the minister of veterans affairs and associate minister of defence in the new cabinet. METRO FILE PHOTO

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Spoonful of inspiration

READING

MRU student teaches kids to love who they are in first book



Helen Pike
Metro | Calgary

A Mount Royal University diploma student is inspiring kids and students alike while fulfilling her own dreams in becoming a children's book author.

After Karla Neufeld was gifted the opportunity to go back to school three years ago she was faced with the task of upgrading her English requirements, and that's where the story of Sophia the Spoon was born.

"It kind of sat on the shelf, and I just had a dream to illustrate it but didn't know — could I actually do it?" said Neufeld. She's always been an artist and creates very detailed sketch drawings, but taught herself watercolour for the book.

"I took a children's literature



Professor Meaghen Johnston, left, and Karla Neufeld pose with her first self-published children's book. CONTRIBUTED

class in the winter semester this year and one of the assignments was to write a children's book," she said.

Now, in her second year of a social work diploma at MRU, she can proudly say she's faced her fears and illustrated the

story she dusted off. She's even had the pleasure of self-publishing and selling over 100 copies of the tale.

The story follows Sophia the Spoon through her journey of love and acceptance. Although determined to change who she

is, she meets someone who changes her mind and decides to embrace who she was created to be.

"I'm really excited to be able to have a message that means a lot to me about loving who you are, and just the worth that

people have, and being able to get that out there to kids," Neufeld said.

Right now Neufeld said she wants to first achieve her master's degree and then reach her ultimate dream to bring art and therapy together in some way. The book is a beginning to that process.

Meaghen Johnston, an associate professor of social work and co-director of the Centre for Child Well-Being at MRU, focuses parts of her studies on identity, resilience and self compassion.

"I will use this book with adults, adolescents and children," said Johnston. "I see application of this book beyond children. I think it has a message that will be really useful in work with teenagers, for example."

Johnston said Neufeld has taken her learning and contributed it to the world with her book in a tangible and visible way — something students don't often get to do.

Copies can be bought online through Amazon.ca or by emailing karneufeld@gmail.com to pick it up locally.

CRIME

Stolen car possibly found

Police said they believe they have recovered a vehicle that was carjacked early Tuesday morning.

According to a CPS spokesperson, police were called to a home on the 200 block of Pinewind Road NE, just after 8:00 a.m., by a homeowner who saw a suspicious vehicle parked behind their house.

Police said the vehicle's licence plate matched that of the stolen car, but said the vehicle is now with the identification team who is doing forensics on the car to make sure it is the correct vehicle.

The incident was brought to the attention of police when they were called to a home on the 300 block of Skyview Ranch NE, just after 7 a.m. Tuesday.

The victim had started her car and was backing out of her garage when a masked man approached her vehicle with a gun and demand she get out of the automobile, before speeding off. Police said they will update the situation later Wednesday afternoon.

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KEYSTONE XL

Review means pipeline still up in the air

The Obama administration said Wednesday it is continuing a review of the proposed Keystone XL oil pipeline, despite a request by the project's developer to suspend the review.

If granted, a delay could have put off a decision on the high-profile project until the next U.S. president takes office in 2017. President Barack Obama has yet to say whether

he would approve or reject the pipeline, but the Democrats running for president have all said they oppose it while Republican candidates support it.

State Department spokesman John Kirby said the department advised TransCanada on Wednesday of its decision to continue the review. The State Department has jurisdiction over the pipe-

line because it crosses a U.S. border.

Kirby said there was no legal requirement for officials to suspend the review, adding that "a lot of interagency work" has gone into the evaluation so far. Secretary of State John Kerry "believes that it's most appropriate to keep the process in place," Kirby said.

Calgary-based TransCanada asked the U.S. on Monday to

delay consideration of the Alberta-to-Texas pipeline, the latest wrinkle in a seven-year quest for the project.

TransCanada said it respects the U.S. decision and will continue its efforts to demonstrate that the long-delayed pipeline — a flashpoint in the global debate over climate change — is in the U.S. national interest.

THE ASSOCIATED PRESS



Angeliki Souranis, national president of MADD Canada, launched the Project Red Ribbon campaign in Calgary's northeast. JENNIFER FRIESEN/FOR METRO

Red ribbons to remember

MADD

Campaign to end drunk driving set for holiday season



Jennifer Friesen
For Metro | Calgary

What started as "another gloriously sunny day," in 2008, ended in a parent's nightmare for Angeliki Souranis.

She was just getting ready for bed when her doorbell rang. When she arrived at her front door, she found two police officers. "I kept asking, is it my son?" she said. "Is he dead?"

Unfortunately, her instincts were right. On the way home from a beach, her son was involved in a drunk driving accident that killed him "almost instantly."

Seven years later, Souranis is the national president of Mothers Against Drunk Driving (MADD). And on Wednesday morning, she was joined by first responders to launch the 28th annual Project Red Ribbon campaign in Calgary.

From Nov. 1 to Jan. 4, MADD

is distributing millions of red ribbons for Canadians to tie to their cars as a symbol of sober driving, and as a tribute to lives lost in impairment-related crashes.

"Every ribbon represents not only a person who's been killed or seriously injured in a crash," said Souranis. "It represents a whole family that is changed forever."

Over the past weekend, Alberta saw 14 deaths in eight vehicles, some of which involved alcohol, according to RCMP operations officer, Doug Potts.

"We lose too many people each year in Canada to alcohol-related collisions," said Potts.

“

These are senseless crimes and preventable deaths.

Angeliki Souranis

"This past weekend is a clear indication that our purpose needs to remain steadfast."

Souranis added that Canada sees an average of four deaths and 175 injuries

due to impaired driving every day, but that impaired driving doesn't only mean alcohol.

"More and more we're seeing impairment by drugs," she said. "There are always highs and lows, but certainly the drug piece is increasing. These are senseless crimes and preventable deaths — they don't need to happen."

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Tinier gallery finds new home, theme

ART

Kids' works not just for refrigerators: Tamara Lee



Jeremy Simes
For Metro | Calgary

Tamara Lee was more than happy to adopt a tinier gallery, after learning Tiny Gallery founder Peter Meadows had to move three of the plinths from their original spots in Bridgeland.

Lee — who also hosts a Little Free Library outside her home — received the plinth from Meadows about two weeks ago, and has recently installed Cheddar the Mouse, a papier mâché project by her daughter, Katie Levinson.

In fact, the Pooh Corner



Tamara Lee plans to dedicate her tinier gallery to works created by younger artists. JEREMY SIMES/FOR METRO

Tinier Gallery — which was named by Lee, based on her love for Winnie-the-Pooh — will feature works by younger

— or “tiny” — artists, aged five to 17, she said.

“(Kids’) stuff shouldn’t just be on refrigerators,” Lee said.

“It’s perfectly valid for them to have their work shown in public.”

More than 10 years ago, Lee curated an children’s-only exhibition at the Ruberto Ostberg Gallery.

“At the time, it was probably one of the biggest shows they hosted,” she said. “So when (Meadows) gave me (this plinth), I knew exactly what I was going to do.”

The showcase has garnered quite a bit of interest, she said, adding she plans to install a new piece every two to three weeks.

Meadows said he looks forward to seeing Lee’s programming. “She’s great — she’s so active in the community,” he said. “I think she has a really great theme, and it means the plinth will stay active, rather than being stored away.”

Lee will have the gallery up for about a year, and it can be found outside 1024 1 Ave. NW.

ASIRT probes attack on police



Lucie Edwardson
Metro | Calgary

Chief Constable Roger Chaffin said a series of violent criminal acts that occurred Tuesday may have culminated in a deliberate attempt to attack police who were on scene downtown, responding to a hit-and-run.

The Alberta Serious Incident Response Team (ASIRT) has been called in to take over the investigation as is common practice when police are directly involved in an incident.

Chaffin said he is alarmed by the situation that unfolded at 4:30 p.m. Tuesday afternoon, when things took an unexpected turn as police became the target while they were helping the victim of a hit-and-run involving a stolen vehicle.

“The shocking recklessness of this is something all Calgarians are going to be concerned about,” he said. “It is a diffi-

cult job at the best of times without having that type of activity going on.”

Police were in the midst of helping the severely injured cyclist when the vehicle that had hit them returned a drove directly at police.

“One officer had to take evasive and decisive action and dove out of the way to gain cover inside a Calgary Police Service vehicle,” said Chaffin. “He narrowly avoided being struck, but the police van was hit by the suspect’s vehicle and was significantly damaged.”

Chaffin said simultaneously, another officer recognized the dangers of the situation and fired his gun, at which point the vehicle continued for a short while, before stopping on Riverfront Avenue SE.

Police currently have two suspects in custody including one who suffered a gun shot wound, an uninjured woman and are looking for a third suspect who remains at large.

“

It is a difficult job at the best of times.

Roger Chaffin

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'Looks like Canada'



Justin Trudeau gives a high-five to children after attending a swearing-in ceremony of his cabinet.

FRED CHARTRAND/THE CANADIAN PRESS

PARLIAMENT

Government will be based on teamwork, trust: Trudeau

Justin Trudeau beamed as he explained why he felt the need to put together Canada's first cabinet with an equal number of male and female members, 15 each.

"It's an incredible pleasure for me to be before you today ... to present a cabinet that looks like Canada," Trudeau said on Wednesday afternoon in his first statement as Canada's 23rd prime minister.

He had a quick answer and a smile when asked why he felt the need for the gender balance in his 30-member cabinet.

"Because it's 2015," he told reporters gathered outside Rideau Hall. "Canadians elected extraordinary members of Parliament ... I'm glad to be able to highlight a few of them in the cabinet today."

He promised that his government would be one based on trust and teamwork that delivers "evidence-based policy."

"Government by cabinet is back," he said.

Trudeau said he welcomed media asking serious questions and respected the desire for open data and access to information.

"We're forming a government that places trust at the very centre of its actions," he said.

He said he trusts his cabinet will help him fulfill a pledge to resettle 25,000 Syrian refugees and also said he will push for human rights in upcoming talks in China.

That's important "not just for Canadians but for everyone on this planet," he said.

A standing ovation followed the pledge by Trudeau to be a "faithful and true servant" of the Queen in Canada in the blue-walled hall, with its high ceilings, gold curtains and massive portrait of Queen Elizabeth II.

Trudeau, 43, made history by becoming the first child of a former Canadian prime minister to assume the post. His late father, Pierre Trudeau, last held the office in 1984.

The new prime minister was almost literally at home as he assumed Canada's top post. He is currently living in a secure Georgian revival-style cottage behind Rideau Hall, where the swearing-in ceremonies are held.

Trudeau grew up at the official prime minister's residence at 24 Sussex Dr. in Ottawa. That building is now slated to undergo renovations to remove lead pipes and outdated wiring, among other things.

He and his incoming cabinet arrived at Rideau Hall this morning after a walk on which they were greeted and cheered by well-wishers.

TORSTAR NEWS SERVICE



Trudeau and his wife Sophie Gregoire arrive with his cabinet at Rideau Hall in Ottawa on Nov. 4. CHRIS WATTIE/AFP/GETTY IMAGES

3 LITTLE (YET SIGNIFICANT) DETAILS

TRUDEAU'S BLUE TIE

It was hard not to see the new prime minister's choice of tie in stark contrast to the other men admitted to the executive branch, almost all of whom wore red ties.



THE GREAT SEAL OF CANADA

Innovation minister Navdeep Bains is seen clutching the Great Seal, which is affixed to bills when they get royal assent and is entrusted to the registrar general of Canada.



A beautiful fall day, a buoyant ceremony, a general air of optimism — everything goes Justin Trudeau's way as the country's 23rd prime minister and his notably diversified cabinet are sworn in



BIBLES
Many of the new ministers brought their own books of scripture to hold while taking their oaths.



THE 6 TOUGHEST JOBS IN OTTAWA

1 Improve standing on world stage



Stéphane Dion | Foreign Affairs

Dion struggles in English and is not a natural schmoozer, making him an unusual choice for a job that prizes both those skills. But he is highly intelligent and has held key portfolios in past Liberal governments.

Level of difficulty
Fit

2 Missing-and-murdered inquiry



Carolyn Bennett | Indigenous and Northern Affairs

Bennett, a former family physician and minister of state in Paul Martin's government, is an obvious choice. Her past work as an aboriginal-affairs critic gives her instant credibility on a sensitive file.

Level of difficulty
Fit

3 Settle 25,000 refugees by 2016



John McCallum | Immigration, Refugees and Citizenship

The former Royal Bank chief economist has seemingly little experience on the immigration file. But his past cabinet experience (Defence, Veterans Affairs) should help.

Level of difficulty
Fit

4 Deliver federal budget by March



Bill Morneau | Finance

The rookie MP brings Bay Street cred as the former head of a human-resources company. He jumps right in to arguably the government's most important portfolio. For a political newcomer, it will be a very tall order.

Level of difficulty
Fit

5 Prepare for Paris climate summit



Catherine McKenna | Environment and Climate Change

The former human-rights and social-justice lawyer showed her political mettle by unseating NDP stalwart Paul Dewar. Now can she deliver on all of Trudeau's environmental promises?

Level of difficulty
Fit

6 End bombings in Syria, Iraq



Harjit Sajjan | Defence

The rookie MP served in Bosnia and Afghanistan and was the first Sikh to command a Canadian Army regiment. He has instant credibility with the rank-and-file; the top brass is another matter.

Level of difficulty
Fit



Kent Hehr is congratulated by Trudeau after being sworn in to office. THE CANADIAN PRESS

Calgary MP will broaden scope

POLITICS

Kent Hehr will offer new perspective, says expert

Brodie Thomas
For Metro | Calgary

The appointment of Calgary-Centre MP Kent Hehr to cabinet was almost a foregone conclusion for one political scientist.

Melanie Thomas, political scientist with the University of Calgary, said Trudeau had to have more than just geographic representation, and having a person of disability helps broaden diversity in his cabinet.

Thomas said giving Hehr the veterans' affairs portfolio also helps the Trudeau government send a symbolic message to veterans.

"What makes Mr. Hehr an interesting choice is that he has direct experience in what it means to go from able-bodied to not, and going through that transition," she said.

Tammy Wheeler, Executive Director of Alberta-Northwest Territories command for the Royal Canadian Legion, said Hehr is already a member of the Legion and is active with veterans in Calgary.

"It's kind of exciting actually," said Wheeler. "He's got a new perspective."

Aside from veterans, all Albertans will benefit from having Hehr and Edmonton MP Amarjeet Sohi at the cabinet table, according to Thomas.

"It would be a mistake to give Alberta only one minister, because one of the cities would've got it, and not the other," she said. "However, both are rather junior posts, which is less great."

Sohi's new title is infrastructure minister. Thomas doesn't think that means Edmonton will get more funding than Calgary.

"Although the Trudeau campaign talked a lot about investing in infrastructure, we're going to have to see just how much that's actually going to mean. We have to see the actual financial update. It's the dollars that are going to show that."

He has direct experience in what it means to go from able-bodied to not, and going through that transition.

Melanie Thomas

Shoo-ins left out

CABINET

Political celebs and veterans are left on back bench

Presented with a wealth of talent to choose from in making his cabinet, there was some political capital Prime Minister Justin Trudeau chose not to spend.

A retired general was among the star Liberal MPs shut out of Trudeau's maiden cabinet, along with several veteran MPs.

At the same time, relative political rookies now find themselves commanding some of the top political posts, including National Defence, Justice and the government's signature infrastructure plan.

"We have an awful lot of work to do in the coming weeks, months and years," Trudeau said after the group was sworn in.

"But I know that Canadians expect of us to come together and put forward a team that is going to be able to deliver on the change, on the ambitious plan for this country that the Liberal Party ran on — and that's exactly what we're going to deliver."

Retired lieutenant-general Andrew Leslie was considered a shoo-in for a cabinet spot when he announced he was running for the Liberals but was left out of the mix.

Longtime MPs, including Joyce Murray and former cabinet minister Hedy Fry, were also on the outside looking in.

Fry said she had absolutely no hard feelings.

"He matched people's capabilities to their talents, and I'm looking forward to working with them," she said.

"What I bring to the table is a fair amount of experience and that ability to roll up my sleeves and help us to succeed."

THE CANADIAN PRESS



1 Team shot — PM Justin Trudeau holds a news conference with his cabinet after they were sworn in at Rideau Hall. FRED CHARTRAND/ THE CANADIAN PRESS



2 Man of the people — The PM takes a selfie with onlookers as his wife Sophie Gregoire-Trudeau, left, looks on. FRED CHARTRAND/ THE CANADIAN PRESS

3 Emotional moment — Trudeau's mother Margaret reacts at the swearing-in ceremony in Ottawa. SEAN KILPATRICK/ THE CANADIAN PRESS

4 Young ambition — Two-year-old Ross Potter wears a Mountie uniform as he waits for the ceremony to begin at Rideau Hall. JUSTIN TANG/ THE CANADIAN PRESS

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NEW DEMOCRATS

Thomas Mulcair meets with caucus after crushing defeat

Tom Mulcair's campaign theme song Meet Me in the Basement by Broken Social Scene took on an ironic — and literal — significance Wednesday as the election-bruised NDP caucus gathered in the bowels of Parliament Hill.

The New Democrat leader, who has stayed out of the public eye since his party's drubbing two weeks ago, met with a significantly downsized caucus just hours after Justin Trudeau was sworn in as prime minister.

In a speech open to the media, Mulcair said the election results were not what the NDP hoped for but vowed the

party will examine what happened.

"We will be taking time in the months to come to analyze what happened," Mulcair said. "I've asked party president Rebecca Blaikie and national director Anne McGrath to start that process immediately."

The NDP leader said he wants a "top-level panel" to conduct that work, including outgoing MPs, current members and party elders who did not play a direct role in the campaign.

"I want an unvarnished, open, complete look at what happened and (will) report back to you and to all members of

+ TORIES

The Conservative caucus meets Thursday for the first time since the election.

the party on that," he said.

"I'm committed to overseeing this process to find the answers and to lead our party to government in 2019."

Mulcair may be eager to stay on as leader, but his political fate depends on the results of a leadership review set for next spring in Edmonton.

THE CANADIAN PRESS



Tom Mulcair speaks to reporters in the foyer on Parliament Hill. JUSTIN TANG/ THE CANADIAN PRESS

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CRASH

Officials say bomb may have downed Russian plane

British and U.S. officials said Wednesday they have information suggesting the Russian jetliner that crashed in the Egyptian desert may have been brought down by a bomb, and Britain said it was suspending flights to and from the Sinai Peninsula indefinitely.

Intercepted communications played a role in the tentative conclusion that the Sinai affiliate of the Islamic State of Iraq and the Levant's planted an explosive device on the plane, said a U.S. official briefed on the matter. He spoke on condition of anonymity because he wasn't authorized to discuss intelligence matters publicly.

The official and others said there had been no formal judgment rendered by the CIA or other intelligence agencies, and that forensic evidence from the blast site, including the airplane's



The young family of Alexei Gromov, 27, his wife Tatyana, 26, and their 10-month-old daughter Darina, who was the youngest passenger in Russia's deadliest plane crash last Saturday, which took the lives of 224 people. THE ASSOCIATED PRESS

black box, was still being analyzed.

The official added that intelligence analysts don't believe the operation was ordered by ISIL leaders in Raqqa, Syria. Rather, they believe that if it was a bomb, it was planned and executed by a Sinai affiliate of ISIL, which

operates autonomously.

Other officials cautioned that intercepted communications can sometimes be misleading and that it's possible the evidence will add up to a conclusion that there was no bomb.

British Foreign Secretary Philip Hammond said there was a "sig-

nificant possibility" the crash was caused by a bomb, and Britain was suspending flights to and from the Sinai resort of Sharm el-Sheikh indefinitely.

After a meeting of the British government's crisis committee, COBRA, Hammond said Britain was advising its citizens not to go



We have become concerned that the plane may well have been brought down by an explosive device.

Statement from David Cameron's office

on vacation to Sharm el-Sheikh, which is visited by hundreds of thousands of Britons a year.

Meanwhile, Russian and Egyptian investigators said Wednesday that the cockpit voice recorder of the Metrojet Airbus 321-200 had suffered substantial damage in the weekend crash that killed 224 people. Information from the flight data recorder has been successfully copied and handed over to investigators, the Russians added.

Prime Minister David Cameron's office said British aviation experts had been sent to Sharm el-Sheikh, where the flight originated, to assess security before British flights there would be allowed to resume. THE ASSOCIATED PRESS

MIGRANT CRISIS

Volunteers flock to Lesbos

As the Greek island Lesbos struggles with a huge migrant surge, a close-knit group of volunteers is working alongside Greek fishermen to rescue people at sea, provide medical care and bring comfort and basic necessities.

In the past three weeks, about 100,000 migrants reached Europe's busiest coastline — 10 kilometres of shore in northern Lesbos — whose beaches are littered by mounds of discarded orange life vests. The task can sometimes feel overwhelming, as children die before the rescuers' eyes and there is never an end to the people in need. But the volunteers say the hardship is better than watching the plight of refugees on television.

One volunteer, Essan Daod, a Palestinian surgeon, flew to Lesbos from Israel three weeks ago to treat migrants, horrified by the scenes of drowning and anguish.

Since then, the 32-year-old doctor has helped deliver a baby on the beach, treated countless broken bones and revived more unconscious infants than he can remember. THE ASSOCIATED PRESS

POLITICS

Romanian government collapses in wake of massive protests

Romania's government collapsed Wednesday after thousands of people took to the streets to protest a deadly fire at a heavy metal concert, the final straw after a five-month corruption investigation that has shaken the nation.

Prime Minister Victor Ponta said he and his government would resign "to take note of the legitimate grievances which exist in society," adding: "I hope handing in my and my government's mandate will satisfy the demands of protesters."

But thousands of people turned out for new protests Wednesday evening demanding early elections and more

accountability in government.

Even before last weekend's fire, the deadliest in Romania's history, Ponta faced widespread calls to resign as he was tried on charges including tax evasion, money laundering, conflict of interest and making false statements.

The charges relate to activities in 2007 and 2008, when he was a lawmaker and a lawyer. Ponta denies wrongdoing.

Then came the fire Friday night at the basement Colectiv nightclub, which sent panicked people stampeding for the single exit. The death toll stands at 32, with about 130 more hospital-

ized, dozens of them in serious or critical condition. The club's three owners have been detained on manslaughter charges for allegedly failing to comply with fire regulations. Many Romanians also suspect authorities of taking bribes to overlook the violations.

After three days of mourning, some 20,000 people took to the streets Tuesday night in a spontaneous protest, shouting "Assassins!" and waving Romanian flags.

"It is not normal in a European Union country for our children to die like this," said Mariana Draghici, a security guard who

took part in the protest. "Something has to change in Romania."

Ponta, who had resisted earlier calls from President Klaus Iohannis to resign, stepped down hours later but warned the collapse of his government could bring about instability.

"We have turbulence, uncertainty, and unrest," he said. "We risk ruining everything we built."

Iohannis said that if fire regulations had been respected "nobody would have died," calling it a shame that so many had to die before the government caved into the pressure.

THE ASSOCIATED PRESS



Romania's embattled Prime Minister Victor Ponta addresses journalists. DANIEL MIHAILESCU/AFP/GETTY IMAGES

ANIMALS

Thousands of crocs go hungry in Honduras

A U.S. investigation into alleged money laundering for drug traffickers by one of Honduras' most powerful families has resulted in some unusual victims: thousands of hungry crocodiles.

At least 7,500 crocodiles on a private farm in northern Honduras have been poorly fed in recent weeks because of a lack of resources, authorities and employees at the property said. The bank

accounts of the farm's owner, the Rosenthal family, were seized during a probe into accusations they were operating a money laundering network linked to drug trafficking.

Farm employees said on Wednesday that the animals went without food for more than a month, but were finally fed over the weekend thanks to donations.

THE ASSOCIATED PRESS



Private companies were asked to donate money to buy food for the crocodiles. FERNANDO ANTONIO/THE ASSOCIATED PRESS

IN BRIEF

Canadian fighting with Kurdish forces in Syria killed: Report

The Syrian Observatory for Human Rights says a Canadian fighting the Islamic State group in Syria has been killed in a suicide attack.

The observatory says on its website that John Robert Gallagher was killed in the attack by an ISIL fighter on Wednesday near Dalhu village in the predominantly Kurdish province of Hassakeh. Maclean's magazine says Gallagher is a

former infantryman with the 2nd Battalion of the Princess Patricia's Canadian Light Infantry, who went into Syria in July to fight with a U.S.-backed Kurdish militia known as the YPG.

A posting on Gallagher's Facebook page that says it was written by his mother, Valerie, says she heard from "representatives from the YPG in Syria and in London and it seems that John Robert was killed by a suicide bomber." THE CANADIAN PRESS

BIGGEST RAV4 SALE OF THE YEAR

HURRY IN! SALE ENDS NOVEMBER 7



University of California, Merced, student Karen Bustamante, 18, hugs her mom, Gloria, after she left the campus following Wednesday's stabbings. PAUL KITAGAKI JR./THE ASSOCIATED PRESS

Four stabbed at university

CALIFORNIA

Police kill attacker as he fled the scene

A male college student burst into a morning class at a California university with a hunting knife Tuesday and may have killed his intended victim if not for the heroic intervention of a construction worker who ran into the room to break up the attack.

The construction worker and three others were injured, but all are expected to survive. The alleged assailant, described as a college student in his 20s, was shot and killed by campus police as he fled the scene at the University of California, Merced.

Two of the injured had to be airlifted to nearby hospitals, and the other two were treated on campus. Authorities didn't release the name of the assailant or his victims.

The incident began when the assailant used a knife to stab two people in a second-floor room around the start of

an 8 a.m. class, Merced County Sheriff Vern Warnke said.

A construction worker outside rushed in to check on the commotion, distracted the attacker and was also stabbed. Warnke credited the worker with saving the life of one of the victims.

"I think he prevented this first student from dying," Warnke said during an afternoon news conference. "He didn't go in knowing that there was a stabbing taking place. He went in thinking there was a fight."

The Merced Sun Star identified the construction worker as Byron Price, 31. Price's father said he was treated and released from the hospital. Neither Price returned calls for comment to The Associated Press.

Warnke said the suspect fled the room after attacking the construction worker and ran down two flights of stairs to the outside, where he stabbed a school employee sitting on a bench. The suspect fled the building. He was shot and killed on a nearby foot bridge.

THE ASSOCIATED PRESS

SAN DIEGO

Gunman surrenders after standoff

A gunman in a rooftop apartment surrendered to police Wednesday after a more than five-hour standoff that interrupted air traffic at the San Diego, Calif., airport.

Police said the gunman's bullets narrowly missed an officer.

The suspect, armed with a high-powered rifle, shot numerous rounds from his ex-girlfriend's apartment complex near San Diego International

Airport, prompting the Federal Aviation Administration to halt incoming flights for several hours as a precaution.

Titus Colbert, 33, walked out of the complex after tossing "multiple weapons" out an apartment window, San Diego Police Lt. Scott Wahl said.

Police Chief Shelley Zimmerman said authorities recovered an "AK-47-type" assault weapon and a handgun.

Colbert's ex-girlfriend called

police shortly after 9 a.m. to report that she feared the suspect was inside her apartment, Zimmerman said. Police entered the apartment after no one responded to knocks and were met with gunfire.

The shots came "within inches" of police, who returned fire as they retreated, Wahl said.

Police quickly established communication with Colbert. But as they evacuated neighbouring homes and established

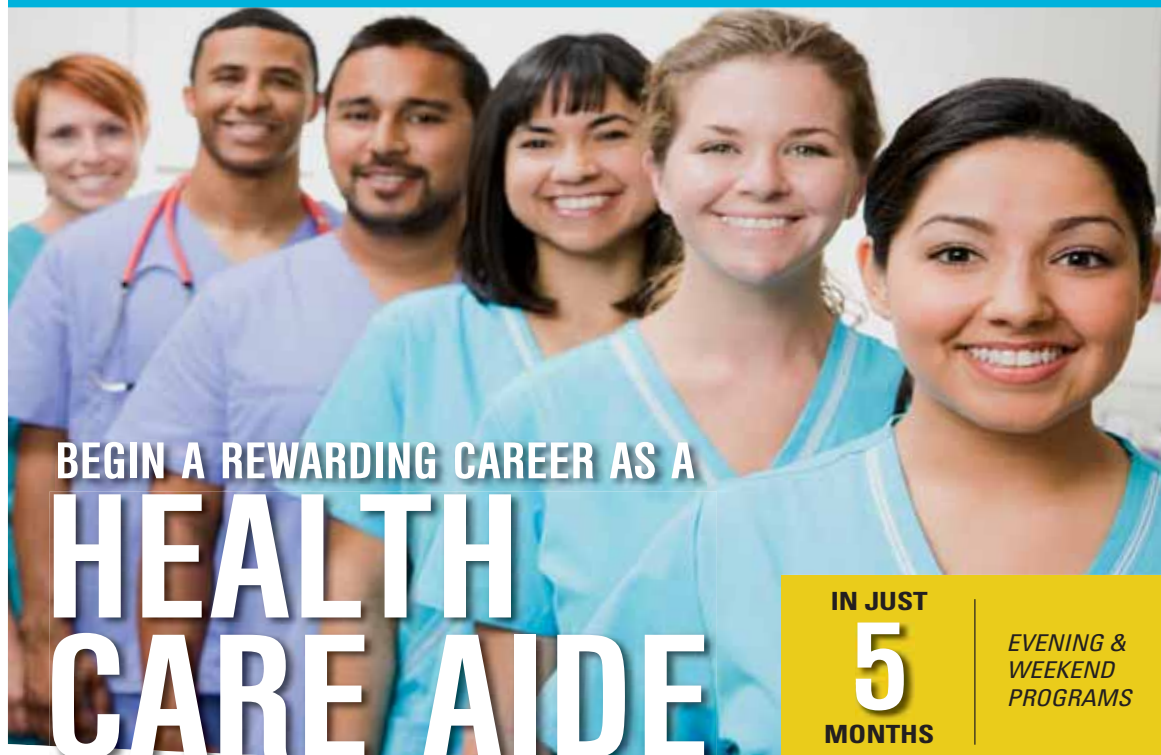
a perimeter in the trendy Bankers Hill neighbourhood near downtown, Colbert fired additional shots from a balcony. About a dozen officers were seen running down the street, several with rifles drawn and stopping to aim.

Zimmerman, who didn't know a motive, said Colbert would be booked on charges of "attempted murder of several police officers."

THE ASSOCIATED PRESS

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IN BRIEF

Man arrested in stabbing of French train hero

A tip led police in California's capital city to arrest a 28-year-old man Wednesday in the stabbing of a U.S. airman who was hailed as a hero for helping thwart a European terror attack. Air Force Staff Sgt.

Spencer Stone was knifed on Oct. 8 in a fight near a bar in Sacramento, shortly after nightclub patrons applauded the 23-year-old for his role in tackling a gunman with ties to radical Islam on a Paris-bound passenger train in August. THE ASSOCIATED PRESS

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‘Eat pork or skip ... lunch’

FRANCE

Wrestle with religion moves to cafeterias of French schools

This was the week that schoolchildren in one Paris suburb got a stark choice at the cafeteria: pork or nothing at all.

Chilly-Mazarin joined a handful of towns run by right-leaning mayors that have ended a practice of offering a substitute for students forbidden by their religion from eating pork.

The decisions have come amid increased discussions in France about its secularist ideals following the terror attacks in January that were blamed on French Islamic extremists — a discussion critics say has been hijacked by anti-Muslim forces on the far right.

On Wednesday, the Socialist government issued unusually direct criticism against the schools that have ended the pork substitutes as it was training appointees to medi-



Interior Minister Bernard Cazeneuve, left, and Education Minister Najat Vallaud-Belkacem at a debate on secularism in school in Paris on Wednesday. THIBAUT CAMUS/THE ASSOCIATED PRESS

ate tense questions about the role of religion in schools.

In back-to-back speeches, the education and interior ministers walked the country's increasingly narrow line on religion in schools.

Education Minister Najat Vallaud-Belkacem said teach-



School is a place of knowledge, not of belief.

Najat Vallaud-Belkacem

ers have to impart the secularist ideal but “not a secularism that is a declaration of war against a religion, as we see when a mayor decides that in the name of a so-called secular ideal, children will be forced to eat pork or skip school lunch.”

Schools take seriously their

mission to educate the next generation of secular French citizens, never more so than since the January attacks.

Vallaud-Belkacem alluded to that mission repeatedly in her speech to the mediators, whose job is to offer advice to local governments and schools about France's division between church and state.

“School is a place of knowledge, not of belief. This distinction is essential,” said Vallaud-Belkacem, born in Morocco and raised as a Muslim.

But some say that what France defines as a religious problem actually leads to discrimination of a minority population that has little economic power or hope of advancement.

“The terror attacks of January 2015 weigh heavily,” said Olivier Noel, a sociologist studying discrimination in France. “When you talk about misusing the secular ideal, on the one hand it's happening on the extreme right, with Islamophobia. Then you have the extreme secularism of the left. Without meaning to, they join the positions of the extreme right.” THE ASSOCIATED PRESS

SYRIA

Moscow missing ISIL: U.S.

Two top U.S. diplomats said Wednesday that 85 to 90 per cent of Russian airstrikes in Syria have killed moderate opposition forces and civilians and that Moscow's intervention has done little to stop Islamic State of Iraq and the Levant (ISIL) militants.

The State Department officials testified before the House Foreign Affairs Committee where both Democratic and Republican members maintained that the current U.S. policy in Syria is too limited.

The conflict has killed 225,000 Syrians and caused 4 million to become refugees.

“Russia's military intervention has dangerously exacerbated an already complex environment,” said Anne Patterson, assistant secretary of state for Near Eastern Affairs, adding the airstrikes predominantly have targeted areas where ISIL militants are not present.

“So far, then, this has not been a Russian fight against terrorism so much as an effort to preserve the Assad regime.”

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In his new book, Gianluigi Nuzzi makes startling allegations.
GIORGIO ONORATI/ANSA/THE ASSOCIATED PRESS

New books downplayed

PAPAL FINANCES

Vatican says issues already dealt with by Pope Francis

The Vatican sought Wednesday to play down a pair of books recounting financial malfeasance and greed within the Vatican, saying many of the disclosures were already known and the material creates confusion about Pope Francis' well-known reform course.

Vatican spokesman the Rev. Federico Lombardi emphasized the illegally leaked documents that provided information for the books were the result of "data and information put in motion by the Holy Father himself" in the pope's efforts to reform the Vatican's bureaucracy and finances.

The publication of "a large bulk of information" that refers to "outdated" events creates the impression of "a permanent reign of confusion, of non-transparency and even the pursuit of individual or incorrect interests" that run counter to Francis' efforts, Lombardi said in comments carried by Vatican Radio.

The books by veteran Vatican reporters are to be published Thursday but were obtained in advance by The

Associated Press.

Among the disclosures in Merchants in the Temple, Gianluigi Nuzzi writes that the cost of sainthood can run up to half a million dollars and tells the tale of a monsignor who allegedly broke down the wall of his neighbour, an ailing priest, to expand his apartment.

Emiliano Fittipaldi, the author of Avarice, claims a foundation set up to support a children's hospital paid 200,000 euros toward renovating the apartment of the Vatican's No. 2 at the time, Tarciso Bertone, and that money donated to help the poor was diverted to pay for running the Vatican.

Bertone came under fire last year over the apartment, described as a "mega-penthouse."

Lombardi took issue with the reports regarding the St. Peter's Pence collection for the poor, saying where donations go was up to the "judgment of the Holy Father."

THE ASSOCIATED PRESS

+ ARRESTS

The Vatican this week arrested two ex-members of a papal commission set up to gather information and make reform recommendations in an investigation into stolen documents.

AFGHANISTAN

Taliban militants stone young woman

Suspected Taliban fighters stoned a 22-year-old Afghan woman to death after she was accused of adultery, an Afghan official said Wednesday.

The woman, identified only as Rokhshana, was forced to stand in a deep hole in the ground during the Oct. 24 attack in a village in remote Ghor province of western Afghanistan, said Abdul Hai Khateby, the spokesman for the governor.

The village, about 45 kilometres (28 miles) north of Ghor's capital, Firozkoh, is controlled by Taliban insurgents "who implement their own barbaric laws," Khateby said.

In an online video purportedly showing the killing, about a half-dozen men are seen standing around a deep, narrow pit and pelting the woman with rocks while a larger group of men sit on the ground nearby, watching. The video could

+ HISTORY

Incidents of stoning are unusual but not unheard of in Afghanistan, where women are the main victims.

not be independently verified.

Afghan President Ashraf Ghani called Rokhshana's killing a "criminal and un-Islamic"

act, according to a statement from his office. The statement said Ghani had appointed a "delegation" to investigate the incident.

Rokhshana, who the Taliban said was also guilty of running away from home, was accused of adultery because she was engaged to man she did not want to marry, Khateby added. She had already been divorced, he added.

THE ASSOCIATED PRESS



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U.S. Senate probes price hikes

PHARMACEUTICALS

Valeant, three other firms' drug prices skyrocket

The political scrutiny of Valeant Pharmaceuticals is heating up as the U.S. Senate formally launched a probe Wednesday into skyrocketing prices for three of the company's prescription drugs.

The Senate's special committee on aging said it had requested documents and information from Valeant and three other drug companies.

Also requested were documents from Turing Pharmaceuticals, Retrophin Inc., and Rodelis Therapeutics amid a public outcry over the hikes, most notably Turing's move to raise the price of Daraprim by 5,000 per cent after obtaining rights to the drug. The medicine is the only U.S.-approved treatment for a deadly parasitic infection called toxoplasmosis.

Past political focus on Valeant in the U.S. has been



Valeant Pharmaceuticals CEO Michael Pearson THE CANADIAN PRESS

on the heart drugs Isuprel and Nitropress. But in a letter to Valeant CEO Michael Pearson, the Senate committee is also seeking information on Cuprimine, used to treat Wilson's Disease, an inherited disorder that can cause severe liver and nerve damage.

Cuprimine's price soared

nearly 3,000 per cent to \$26,189 US for 100 capsules from \$888 US after Valeant purchased the rights to it. Nitropress increased 625 per cent and Isuprel by 820 per cent, the Senate letter said.

Republican Senator Susan Collins and ranking Democrat Senator Claire McCaskill asked

for Valeant's co-operation by turning over analysis, documents and historical financial data.

They also wanted a list of countries where the drugs are sold or are expected to be sold in the next two years and the corresponding prices.

A hearing on the issue is tentatively scheduled for Dec. 9.

"We need to get to the bottom of why we're seeing huge spikes in drug prices that seemingly have no relationship to research and development costs," said McCaskill.

Some of the increases resemble "little more than price gouging," she added.

Valeant said it would co-operate with the committee's inquiry.

"Valeant manages a large portfolio of medicines and the prices of individual drugs fluctuate due to a number of factors, including the cost of development and acquisition and complexities in the health-care cost reimbursement system," said spokeswoman Laurie Little.

She said the list price of any drug doesn't typically reflect the actual amount paid since the company provides financial assistance to make them more affordable.

Valeant is already under investigation by members of the House of Representatives for its general business strategy, which involves buying smaller drug developers and

then jacking up prices on their medicines.

House Democrats called Wednesday for the Republican chairman of the committee on oversight and government reform to hold a vote Nov. 17 on its request that a subpoena be issued to Pearson and Turing CEO Martin Shkreli. The Democrats want to compel Pearson to produce documents they say he has been withholding for months.

"When corporate executives like Mr. Pearson and Mr. Shkreli engage in abusive business practices to enrich themselves and their shareholders at the expense of patients, hospitals and other health-care providers, they should be held accountable for their decisions," the Democrats added in a separate letter.

Valeant said it has also received multiple subpoenas from federal prosecutors.

The Quebec-based company's shares have dropped more than 65 per cent since August over the pricing issue and ties to specialty pharmaceutical company Philidor Rx Services. THE CANADIAN PRESS

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TECHNOLOGY

Wearables go beyond basics

Canadian startups are building new wearable technology that goes well beyond the simple heart-rate monitoring and calorie-counting of activity trackers familiar to fitness buffs.

While devices from companies such as Fitbit, Jawbone and Garmin monitor basic information like steps taken and sleep cycles, many of the sports gadgets on display at the Wearable Entertainment & Sports Toronto conference on Tuesday were designed for the pros — offering advanced telemetry that helps professional athletes avoid injury and optimize training routines.

Montreal-based Hykso, for example, is developing sensors that sit in a boxer's hand wraps to feed back real-time data

about speed, power and technique.

Hykso data scientist Patrick Chandler says the company has already partnered with three Montreal-area gyms to provide their technology to those looking to perfect the sweet science.

"Existing technologies are not really definitive" in gauging punches, Chandler said.

"We can tell which one's an effective hit, which one was blocked, what was the strength of the block. We can see everything about the punch."

That information is tracked in a mobile application and fed to trainers and coaches, allowing them better control over strategy and technique

even in the middle of a bout.

Among the day's presenters was PGA golfer Andrew Parr, who talked about how he uses the Muse brain-sensing headband from Toronto-based Interaxon to work on his focus and help him while out on the links.

Hani Abidi, one of the co-founders of Ollinfit, said his company's wearable sensor system and accompanying digital personal training app are just the beginning. Their accelerometer-based sensors could be used for recording the perfect golf swing and teaching users how to replicate the motions, he said, or help amateur tennis players work on backhanding the ball like Rafael Nadal.

THE CANADIAN PRESS

IN BRIEF

Greenhouse gets grant

A youth group that grows fresh produce in one of Halifax's poorest neighbourhoods is taking its greenhouse off the grid. Canadian green energy producer, Bullfrog Power, is giving Hope Blooms a grant to build a solar array and battery backup. The young people's group

operates a 360-square metre community garden in the north end of Halifax, growing more than 900 kilograms of produce a year. Proceeds from the sale of goods produced by Hope Blooms are used to support educational programs and scholarships. THE CANADIAN PRESS

market minute

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DOW JONES: 17,867.58 (-50.57)



EMMA TEITEL: ON PARLIAMENT'S CAST OF CHARACTERS

An institution without diversity is, if not inferior, infinitely dull. Which is why Prime Minister Justin Trudeau's historic decision to appoint a gender-balanced cabinet is brilliant.



When I graduated from university with a degree in English literature and began writing a column about current affairs, my biggest challenge was overcoming a profound lack of interest in Canadian politics. I watched CPAC — the televised proceedings of the House of Commons — in hopes of igniting a civic passion and instead discovered a soporific more powerful than 10 turkey dinners.

"Try to think about politics like daytime TV," a politically inclined friend advised me. "Picture every member of Parliament as a character on a soap opera, each one with their own back story and drama."

This method gave me some hope but was ultimately unsuccessful. For one thing, the prouder of Parliament bore zero resemblance to *The Bold and the Beautiful*, or my all-time favourite soap, *Passions*. But more importantly, Canadian government, even at its most engaging, lacked something soap operas have in excess: a diverse cast of characters. On a soap opera there is, to name a few, the formidable patriarch, the weird aunt, the young stud, the vengeful love child and the ghost of her aborted twin. In Canadian government though, there seemed to be an overwhelming supply of one character and one character only: the formidable patriarch — in other words, the greying

white man.

There is no crime or shame in being a greying white man, or a white man of any age or persuasion. In fact, I would be delighted if the new Liberal government added to its official platform a nationwide moratorium on the intensely stupid and increasingly popular word "mansplain." But an institution without diversity is, if not inferior, infinitely dull. Which is why Prime Min-

the environment and climate change. The televised ceremony began with two little Inuit girls throat singing and then immediately cracking up, a thoroughly adorable moment which in turn made the Governor General, David Johnston and Trudeau crack up, too. When a reporter asked Trudeau after the ceremony why gender parity in his cabinet is important he said, simply, "Because it's 2015."



COLOURFUL CREW Though it's not quite as thrilling as the cast of *Passions*, the House of Commons is getting the diverse leadership team it needs and deserves, writes Emma Teitel. SEAN KILPATRICK/THE CANADIAN PRESS

ister Justin Trudeau's historic decision to appoint a gender-balanced cabinet is brilliant and, judging by the rapturous social media reaction to his swearing-in ceremony this week, also widely popular.

Among Trudeau's new gender-balanced 31-member cabinet, sworn in officially at Rideau Hall where thousands applauded outside, are Jody Wilson-Raybould, the first aboriginal woman to hold the post of justice minister, Chrystia Freeland, the first woman to be appointed trade minister since the 1980s, and NGO director Catherine McKenna, who will serve as minister of

In other words, representation and the civic engagement it generates is not mere window dressing to more "serious" business. It is serious business in and of itself, and the notion that calculated fairness will sully a meritocracy that probably never existed to begin with is foolish and unconvincing. Trudeau's call for gender parity in cabinet has gifted Canadian government the diverse cast of characters it desperately needs and deserves. Mind you, it is a cast nowhere as interesting as any seen on *The Bold and the Beautiful* or *Passions*, but that's probably a good thing.

In the end, it's hard to be a Grinch in Canada. Trudeau's swearing-in was rife with good feeling, a contagious vibe no matter your political leanings. And yet, though the Liberal government has every reason to celebrate its achievement in gender parity and youth civic engagement, it must be, in some ways, quite terrified. Expectations of this government are astronomically high — especially among millennials, who don't cleave to political parties the way their parents did and will likely have no problem shedding any loyalty to Trudeau the moment his "hope and change" Obama moment subsides and real governance begins.

Shortly before Trudeau's ceremony a spokesperson for the Liberal party reiterated on national television Trudeau's "openness" and ability to engage people from all walks of life. Harper's cold and insular government, full of crabby media-wary political operatives, we are told again and again, didn't pan out. Everybody chose "Sunny Ways." Sunny Ways, Sunny Ways, Sunny Ways: It is the Marsha Brady of political slogans. And perhaps it's time the Trudeau government considered retiring the phrase — even in light of its many wins. Because though things are looking up for Trudeau — and indeed, they really are — cloudier days full of uncomfortable compromise lie ahead.

Emma Teitel is a national columnist for the Toronto Star. She has been a front-of-the-book columnist for Maclean's magazine for the past four years, focusing on a wide range of subjects including women's issues and popular culture. She won the National Magazine Awards gold award for columns in 2013.

ROSEMARY WESTWOOD

metroview

Stick figures and tea: The new stealth tactics to teach sexual consent

Note to self: When broaching a sensitive subject, use stick figures, and, if possible, tea.

Even the most defensive will surely be somewhat charmed by the thought of cosy, friendly orange pekoe. And stick figures are inherently funny, like pugs in tutus or cats attacking babies (just Google it).

Thus, we have the viral consent video, which is not a phrase I ever expected would make sense, but now does. It's medicine masquerading as comedy, information in the guise of absurdity. Change, one hopes, via a laugh.

The video, written by Rockstar Dinosaur Pirate Princess and created by Blue Seat Studios, illustrates a lesson in consent by comparing offering to have sex with someone to offering them tea. The basic message: If the sex you're about to have is comparable to forcing someone to drink tea, then stop.

"Don't make them drink tea, don't get annoyed at them for not wanting tea. They just don't want tea, OK?" the voice-over explains, while a stick figure gets angry and then pours tea into another stick figure's mouth.

"And if they're unconscious don't make them tea. Unconscious people don't want tea, and they can't answer the question, 'Do you want tea?' because they're unconscious."

Right? So funny.

But hopefully also useful. Hopefully, those who may have not understood consent (like some people I've known) will be caught up in the hilarious and disturbing image of one stick figure forcing another stick figure to drink tea, and think, Hey! That makes a bit more sense, now.

I also felt like the issue reached new clarity thanks to the comparison.

That's certainly the goal of Blue Seat Studios owner and creative director Rachel Brian. Brian told me some have criticized the video by arguing it won't stop rapists from raping people, but she finds that reductive, and I agree.

"There are many cases of sexual assault where the person doesn't intend to be a rapist," she said. "I think the idea that it's, you know, this evil-versus-good thing, and if you're just a good person there will never be a problem, is a little bit naive."

Brian added: "It is not a preachy video and it doesn't assume that people are terrible."

That's the key, friends. The video lets us all consider how to be more considerate about sex without making some people defensive right off the bat. And, Brian added, the video has even helped some assault survivors finally believe it wasn't their fault.

So, stick figures and tea: The new stealth tactics.

Representation, and the civic engagement it generates, is not mere window dressing to more 'serious' business.

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DEATH IS THE MOTHER OF BEAUTY.

WALLACE STEVENS



John Irving's frame of mind

AVENUE OF MYSTERIES

Long road to new novel spurred by a father's fear

Henrietta Walmark
Metro | Canada



I stumble over John Irving's foot as I tuck myself into the snug booth. He stretches his arms up and out mimicking a giant arachnid as he blames the spider-like table legs for my misstep. It's an endearing icebreaker.

We're meeting over breakfast in a crowded Toronto bar to talk about his latest novel, *Avenue of Mysteries* (Alfred A. Knopf Canada, \$35).

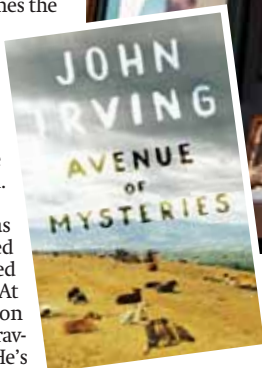
I momentarily feel as awkward and disoriented as the book's lame-footed protagonist Juan Diego. At 54, Juan is on a collision course of his own while traveling to the Philippines. He's off his beta-blockers and slipping in and out of dreams and memories of his 14-year-old self.

The story of Juan Diego and his sister, Lupe, is the 14th novel from the fevered imagination of Irving, author of bestsellers *The World According to Garp*, *The Cider House Rules*, *A Prayer for Owen Meany* and *A Widow for One Year*.

Avenue of Mysteries, by turns absurd, tender, profound and



John Irving in his Toronto office — the largest workspace he's ever had. LIZ BEDDALL/METRO



combination thereof — plumbs the author's favourite themes of religion, sex and fear.

It was Irving's good friend, photographer Mary Ellen Mark, who planted a seed of fear that over more than two decades grew into *Avenue of Mysteries*. In the late 1980s, Mark showed him her images of child performers in circuses in India. In 1990, Irving joined Mark and her film director husband, Martin

Bell, in India where they lived with the Royal Circus while Irving drafted a screenplay called *Escaping Maharashtra*. When they couldn't get the movie made, a search for other circuses with young at-risk performers led them to Mexico.

"We saw some amazing circuses," says Irving. "You know the little curb around a ring? There were no bars. The lions just came into the ring and looked at all the children eating cotton candy and peanuts in the front row. You could

have reached out and touched them," he says, reaching across the tiny table to touch my hand, laughing.

"The origins (of *Avenue of Mysteries*) are kids at risk and the unthinkable happening to a child," says Irving. "I wouldn't go see one of those circuses again if you paid me, but with every novel I've written there has to be an element that I am dreading even writing about. Because of how visceral my reaction is to something (unimaginable) ever happening to a child

or grandchild of mine, the fear is autobiographical."

When we walk to Irving's nearby workspace, Metro's photographer and a book publicist join us in the large bright suite. A scrupulously tidy desk-top stretches the length of a wall covered in family photos. His Oscar for *The Cider House Rules* screenplay sits opposite on the fireplace mantle. A treadmill separates the main room from a nook with two walls of

IN THE WORKS

For the love of Garp

Irving is writing a teleplay of *The World According to Garp* for an HBO Warner Bros. mini-series. Having passed on two previous overtures to adapt his 1978 bestseller, Irving, now 73, says he didn't want to say no again.

wrestling pictures of his sons.

After showing us Mark's image of Pinky, the young Indian circus performer who inspired the character of Lupe, Irving poses for photos and the conversation turns to researching orphanages like the one Juan and Lupe live in for a time.

Irving recalls how his youngest son, Everett, wanted to revisit an orphanage while helping with research for the book. "The first time, (the children) don't look at you," says Irving. "The second time, they think you're coming for them." The author borrows publicist Evan as a prop. Approaching from behind, Irving shyly slips his hand into Evan's hand, saying, "This is what happens when you make a return visit to an orphanage."

In the open yet intimate workspace, defined by its images of the author as patriarch, father and family man, it's easy to imagine Irving taking that symbolic child's proffered hand and embracing his fears yet again.

ON HIS READING TABLE
Edmund White's *Our Young Man* (April 2016) "is the best novel I've read in a long time," says Irving.



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BOOK EXCERPT THE BASSOON KING BY RAINN WILSON

‘A tall, pimply, gangly teen’



Comedic talent Rainn Wilson chronicles how he developed his unique sense of humour in his memoir, *The Bassoon King: My Life in Art, Faith, and Idiocy* (on sale Nov. 10).

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Having studied piano as a kid and then clarinet at Kellogg Junior High, just north of Seattle, I went to my band teacher and told him I wanted to quit clarinet and play tenor sax. Saxophone was just way cooler. Guys in the sax section would crack jokes, goof off and wear sunglasses in class sometimes. Clarinet wasn't pathetically loser-ish (I mean it wasn't French Horn!), but it's not the most masculine of instruments either. Sure there was a clarinet-like instrument in the Cantina scene in *Star Wars*, but let's face it, clarinets are for girls in braces and Woody Allen. (Who loves girls in braces. Badum, dum!)

My band teacher, John Law (real name), really pulled a fast one on me. He said something to the effect of "well, you COULD play the sax, but we've just got SO many saxophones right now. You know what's an amazing instrument? One that's really cool and unique?" I was all like

"What? What's really cool and unique?" He was like "The Bassoon." And I was like: "Wow. THE BASSOON. What's that?"

And with that manipulative interaction, a bassoonist was born.

The bassoon is ridiculous. They should be banned for being horrible, unnecessary and adenoidally grating.

It takes like an hour to assemble one. They're enormous. It's like they're made out of Lincoln logs, aluminum twigs and paper towel tubes. There are these tiny double wooden reeds that you have to soak and trim and tend to all the time. There's a strap that you actually have to sit on when you play so the whole thing doesn't fall onto the floor like a bundle of garbage. And, after all that falderall, they end up sounding like an anemic donkey with laryngitis.

Later, after I was digging into my bassooning, Mr. Law was thoughtful enough to let

the class know that originally the bassoon was called the 'fagotti' in Italian because it was like a faggot (bundle) of wood when you were carrying the pieces around. That went over really well. People in junior high just loved commenting in all sorts of interesting ways on me and my enormous 'fagotti.'

I would also occasionally play in the pep band and marching band as a ... wait for it ... xylophonist. Our High School team was the Highlanders and thusly the marching band wore kilts and knee-high socks. If you went to a Shorecrest game or pep rally in 1982 or '83 and saw a tall, pimply, gangly teen in a plaid tartan kilt with a xylophone strapped to his skinny chest, that was probably me. Also, it should be noted that the "cool" guys in marching band would go "commando" under their kilts as they played "Tequila" and "On Wisconsin" and floppily marched around like pubescent idiots.

As if the bassoon, xylophone and science fiction obsession wasn't enough, I then took up an interest in chess. It's as if the sirens of dweebdom lured me inexorably into their pimply lair, from which I never really returned.

So I joined the chess club at Shorecrest High School. The team was centered around two guys whose name sounded like shoe: Terry Hsu (Chinese dude) and Jeff Schuh (white dude). They were really good at chess and taught the rest of us dorks a ton. Terry was first board and Jeff second. Other team members were Blake Kremer (3rd board), David Potter (5th board) and me manning the 4th board. You see, a chess team is comprised of the five best chess players and you put them in order from 1st board to 5th. When you play another team, they bring their five best and you both have at it in a silent room with a handful of awkward, acne-draped spectators. We

did pretty well with the "shoe" brothers and went to the state championship one of the two years I was on the team. We even beat the fancy-pants private school, Lakeside (alma mater of Bill "Fancy Pants" Gates). We crowed about that victory quite a bit, I can tell you.

Once the cheerleaders mockingly made a bunch of chess team banners for the school entranceway that said things like "CONGRATS CHESS TEAM STATE CHAMPS 82!" and stuff like that. Everyone at the school snidely guffawed and thought that was a total hoot and we slunk past the banners in shame. Jeff Schuh, however, had purchased a "chess" letterman's jacket with a giant knight's profile on the back and wore it around proudly. He was a nerd rebel and didn't care what the majority of Highlanders thought of him. Like "Spock" and "Potsie Weber" from *Happy Days* he immediately became a nerd hero.

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5

IDEAS FOR CANADIAN MUSICIAN-BRANDED MERCH

The Weeknd plays a show in Toronto at the Air Canada Centre tonight with a curious new item available for sale in the merch booths: a personally branded vaporizer designed by Abel Tesfaye in partnership with California's PAX Labs. Maybe a few more of Canada's crop of international stars should line up to cash in, too. **BEN RAYNER/FOR METRO**



2 Broken Social Scene action figure set

A replica tour bus stuffed with posable action figures from all corners of the BSS diaspora. Pair them up or herd them into bands in endless permutations, and relive all the hissy fits and heartache of a real Broken Social Scene tour. Tom Cochrane and Andy Kim figures sold separately.



3 F*** Up presents: Damian's Soothing Throat Spray

After a hard day of shrieking himself raw onstage, F—ed Up frontman Damian Abraham cools off his vocal chords with this refreshing cannabis-mint spritz. Not recommended for children.

1 The Weeknd

We're not saying Tesfaye designed the technology or anything, but PAX's chief marketing officer, Richard Mumby, says the company has completely made over its slick smoking tool consistent with the Toronto R&B star's "style and interests" — one of which, if you're familiar with the Weeknd's lyric sheets, is definitely smoking weed. Perhaps this is the start of a whole new line of image-appropriate Weeknd products.



4 Drake's vanity mirror

Ego need stroking? Sit in front of this flatteringly illuminated looking glass and let it placate your insecurities with a digital library of over 1,000 sycophantic phrases. "Who's the best-looking rapper in the world? You are." "You will have more money than Jay and Kanye combined by the end of this decade." The "Make It Rain" model features an attachment that will spray the room with cash from your vast coffers while you gaze into your own eyes.

5 Peaches inspired costumes for your cat

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An authentic history of comedy

INTERVIEW

Ex-stand-up writes book on modern humour

Sue Carter

For Metro Canada



When Kliph Nesteroff murdered his alter ego, a crusty old comedian named Shecky Grey, using a prop breakaway bottle borrowed from Zach Galifianakis, it also killed his stand-up career.

But Nesteroff's eight years working for laughs was not time wasted. It gave him first-hand insight into a tough business and turned Nesteroff into one of the most entertaining and observant writers on the history of modern comedy.

Even before its release this week, Nesteroff's first book, *The Comedians: Drunks, Thieves, Scoundrels, and the History of American Comedy*, had already received props from funny guys like Bob Odenkirk, Andy Richter and Norm Macdonald. Steve Martin was so impressed he wanted to send copies as gifts to Martin Short, David Letterman and his former musical

sidekick, Paul Shaffer. He even asked Nesteroff for help uncovering a foggy memory from his own past.

Nesteroff believes comedians are responding favourably to the book not just because of his extensive research and interviews, but because he intimately understands their lives.

"I think the book has an undercurrent of insight that if it were written by someone who had never done stand-up, or isn't funny or has no experience in comedy, it would miss that element," he says.

"You might not be able to put your finger on what's missing, but I really believe I have an inherent understanding and grasp of the struggle of the lifestyle."

The Los Angeles-based writer got his comedic start in 1998 at open-mic nights at Toronto's Gladstone Hotel, performing to an indifferent audience of hard-luck, fist-fighting addicts, well before it became one of the city's most respected cultural venues.

After a few years performing in Vancouver as Shecky Grey, Nesteroff moved to L.A., where he made his name writing about the history of the entertainment

industry for the New Jersey radio station WFMU and hosting live events with comedic legends such as Mel Brooks and Fred Willard.

The *Comedians* covers broad territory, from the rise of vaudeville theatre in the early 20th century through to the game-changing introduction of television and current podcast idols like Marc

Maron. Although the industry has changed dramatically — no more mobster-ordered shootings or Communist blacklists — performers still experience many of the same pressures of past generations, such as the late-night temptations of drugs and alcohol and the inevitability of being perceived by younger audiences as "square."

"No matter how cool the current flavour of the month is, 40 years from now, people are going to look at Chris Rock and Zach Galifianakis as out of touch. That's the undeniable tragedy of comedy," says Nesteroff.

Jokes go out of style, and kids aren't going to find Jack Benny or even Jerry Seinfeld as hilarious as their elders

do, but Nesteroff says there has remained one constant over a century of comedy. "If you're naturally funny and you do standup regularly and long enough, eventually you'll become great," he says. "That's the same in the 1920s as it is today."

Sue Carter is the editor at Quill & Quire magazine.



Los Angeles-based writer Kliph Nesteroff says that there are generational gaps in what people find funny, but hard work will always pay off, comically speaking. JIM HERRINGTON

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Lucy Lawless finds love for The Evil Dead

INTERVIEW

Actress talks about her hate for first film, her new role

Matt Prigge
Metro | New York



Lucy Lawless wasn't so happy with the 1981 horror *The Evil Dead*. But never say never: a decade-and-change later she was married to its producer, Robert Tapert, and working with star Bruce Campbell and filmmaker Sam Raimi on the shows *Hercules: The Legendary Journeys* followed by her starring role on *Xena: Warrior Princess*.

Now the gang is back together with *Ash vs. Evil Dead*, the new show that picks up with Campbell's Ash, the salty, one-handed, demon-battling hero of Raimi's *Evil Dead* series. Lawless plays Ruby, and though she's only around a bit in the first few episodes, she soon joins forces to fight the latest apocalypse.

You only have what's basic-

ally a cameo in the first episode.

There was more to that scene, but Sam found it too mean-spirited, so he cut it out. It involved my character smoking like a train, and some little kid comes up to her and tells her her mommy thinks smoking is dirty. And the kid gets a cup of coffee in the face. It was funny, but a bit mean.

When you're acting with Bruce, you probably don't want to try and be too funny. It's better you get to be Dean Martin to Jerry Lewis. I would describe my character as an irritant. Ash is on a mission to save the world and she's going to make it hard for him. She's introduced slowly in the beginning, partly because I was working on something else in the middle of the show. Ash builds this ad-hoc family of misfits, and then you bring someone in who's going to f— it all up.

She's kind of the practical one, whereas he's still very immature.

He's a man-child, isn't he? I think it was the right time to



Lucy Lawless plays Ruby in *Ash vs. Evil Dead*. CONTRIBUTED

make the show. Ash at 45 is nowhere near as funny as him at 50-something. It's hilarious that he has dentures. Ash has dentures! It's funny that this Lothario is gumming girls at night. It's funnier at this age than 10 or 15 years ago.

I heard the first time you saw the original *The Evil Dead* you were nonplussed.

I got up and walked out. I couldn't watch the rest of it. I thought these people should be in the ground. Then I was married to one of them 12 years later.

What caused the about-face?

I saw the second one, which was completely genius. Even though I was never into the *Three Stooges*, I could see this Bruce Campbell character was remarkable, throwing himself around the kitchen. A lot of that is the magic of

Sam's sensibility. And the unseen member in that relationship is Bob Tappert, who I'm married to, who makes it all happen practically — who has the attention span to do that over a series. He's a phenomenally productive human being.

WHAT I'M WATCHING TRANSPARENT: SEASON 1, EPISODE 5 (SHOMI)

How writing a salad into a scene creates a more complex character

Johanna Schneller
For Metro Canada



The Wedge

The three Pfefferman siblings (Amy Landecker, Jay Duplass and Gaby Hoffmann), who are trying to cope as their father (Jeffrey Tambor) transitions to a woman in present-day, hipster Los Angeles, have just eaten lunch in a favourite restaurant from their childhood, one of those throw-back places whose menu and decor are frozen in time.

Then they go visit their mother (Judith Light). The eldest (Landecker) holds out a doggie bag. "I brought you a wedge," she says, wagging it.

Now that made me sit up, because a wedge salad is this crazy-specific L.A. thing, a chunk of iceberg lettuce, drenched in blue cheese dressing.

Why such retro food is a menu staple in a city that's all about skinniness and trendiness, I do not know, but it is. So instantly, we're



Transparent's wedge salad scene reveals reams about Amy Landecker's character (pictured right). CONTRIBUTED

grounded in a particular place. Even better, as Landecker hands over the bag, she can't resist crowing, "I'm the only one who remembered!"

In that one-second gesture, we learn reams about her character. She's a full-grown woman in a complex situation (she's cheating on her husband with a woman), yet she still has the ingrained, unshakable habit of needing to be the "good" child, the favourite child.

She wants to be seen as unselfish, yet can't resist rubbing it in.

It makes me feel like this family's backstory is infinite, and that show creator Jill Soloway (who just won an Emmy, as did Tambor) can take us anywhere. Because of a salad.

Now that's great writing.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday

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GOSSIP BRIEFS

Halle scary, exes say

You know what's worse than going through a messy public breakup with your short-tempered French husband? Having your other ex-husbands take to Twitter to chime in about it. Isn't social media the worst? David Justice went on a Twitter rant about his ex. "Yup, me, Eric



(Benet), Gabriel (Aubry) and Olivier (Martinez) were all her 'knight in shining armor,' until it ends. Then we all become the worst guys in history. Only the guys in the relationship with Halle know the real deal. There will be another, of course. He'll be

called 'the best' until it ends," he posted, before insinuating that Berry had a surprise coming for Martinez in their custody battle. "Just wait, Olivier. It's coming. She insinuated that her daughter wasn't safe around Gabriel. Look it up and see the reason. Just wrong." That's all bad enough, but then Benet piled on with, "My man (David Justice) is tweeting some truth." Real classy, guys. NED EHRBAR/METRO HOLLYWOOD

Serena Williams catches crook

In the pantheon of dumb criminals, this guy who thought he could outrun Serena Williams has got to be one of the dumbest. The tennis champ took to Facebook to regale fans and friends with a tale of a dinner out for Chinese food ("delicious, I may add") turning into an audition for Wonder Woman. "When least expected, low and behold this

common petty thief grabbed my phone and swiftly left," she writes in the post, which was accompanied by a photo of her photoshopped into a Supergirl costume. "I jumped up, weaved my way in and out of the cozy restaurant (leaping over a chair or two) and chased



him down. He began to run but I was too fast. (Those sprints came in handy) I was upon him in a flash!" She confronted her adversary, who played dumb and claimed he'd grabbed the wrong phone. Sure, buddy. That explains the running. NED EHRBAR/METRO HOLLYWOOD

Weak wide release for Steve Jobs

BOX OFFICE

Director Danny Boyle on complex films and sales

Danny Boyle admits Steve Jobs is a hard sell. The film about the Apple co-founder got disappointing figures when it opened wide across the U.S., taking only \$7.1 million despite critical acclaim and two successful preview weekends on limited release.

Boyle was surprised by the film's box office

numbers but says he's not interested in taking the easy route when making movies.

"You try and make complex films, not simplistic films. You also want to make them highly pleasurable as well," the 59-year-old British director said in an interview Monday.

"We did brilliantly the first two weekends," he explained. "Then they went too wide too soon and that's a mistake. But hindsight experts are always around on Monday mornings."

The movie, starring Michael Fassbender as Jobs and Kate Winslet as his right-hand woman Joanna Hoffman, comes from a script by Aaron Sorkin. Considered



Kate Winslet with director Danny Boyle. ALL PHOTOS GETTY IMAGES

an award-season heavyweight, the Oscar-winning Boyle (Slumdog Millionaire, 2008) is confident the film will find its audience and says he won't be shocked if Fassbender and Winslet feature high on the upcoming trophy circuit season. "I've been very lucky to be

involved with a lot of very good performances over the years, and this is on a different planet, I think. I mean Fassbender and Winslet — and Seth Rogen is just extraordinary in his playing (Apple engineer Steve) Wozniak — so yes, I'm very, very proud," he said. THE ASSOCIATED PRESS

LIFESTYLES

Lil Wayne: Young money millionaire owes two 'milli'

Ned Ehrbar

Metro | Hollywood



Lil Wayne's problems are definitely Rich People Problems. The rapper's Miami Beach mansion was stormed by cops Wednesday to seize property in connection with a dispute he has with private jet leasing company the Signature Group, according to TMZ.

Law enforcement officials arrived to seize some "sizeable" assets from within the home because of Lil Wayne's failure to pay a \$2 million judgment against him in his dispute with the company that came down in September. He's also on the hook for \$200,000 in legal fees for the company.

The company initially sued Lil Wayne for failing to pay for two



Lil Wayne. GETTY IMAGES

years of his three-year contract with them. Lil Wayne himself wasn't there to see the fracas, though. The rapper is currently in Los Angeles. According to paparazzi, he visited the Ace of Diamonds strip club Monday night. He might need a return visit to cheer him up after today.

bug beauty

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Wood reaches new heights

CONDO TRENDS

Calgary among cities turning to timber in construction

Duncan McAllister
For Metro Canada

From the outside, they look just like any other six-storey midrise structures. It's what you don't see underneath that could be a potential game-changer for Canada's condominium construction industry.

Recent changes to provincial building codes have paved the way for wood frame construction of midrise buildings up to six storeys in Ontario and B.C.,

where the current limit in most other jurisdictions is four storeys. Changes to the National Building Code of Canada are expected to follow suit.

As the condo industry embraces the growth of wood frame construction, we'll start to see more townhomes and midrise condos made from engineered wood materials. What does that mean for the prospective home buyer?

Benefits

The obvious advantage is cost. Analysts predict a reduction in construction costs of multi-residential and office buildings in the order of 10 to 15 per cent. That's after factoring in the added safety provisions mandated by the legislation.

Multi-storey wood frame construction is not a new idea. Take a look at the oldest parts of Can-

ada's downtown cities and you'll find many fine examples of legacy construction: mammoth office buildings and warehouses framed with giant timbers and clad in brick.

These buildings have stood the test of time, and many have been transformed into the coveted and trendy loft and office spaces that fetch considerable sums today. For example, Winnipeg's Exchange District is known for its century-old timber buildings that rise up to eight storeys.

But the wood construction of today uses an entirely different class of high-tech materials, such as glulam, a cross-laminated timber product that makes it easier to prefabricate building components. Solid panels up to 20 metres long can be produced in factories with cutouts ready for window and door openings.

These components are then shipped on site to form the walls and floors of the building.

Modern take

A new design trend is also underway that takes wood frame construction a step further. CABIN, a new, six-storey hybrid wood and concrete condo in Toronto, incorporates wood elements and accents on the exterior and interiors of the building in a modern interpretation of the Muskoka Lakes style.

According to CABIN developer Adam Ochshorn, "There's a movement up north and throughout Canada, on the west coast and on Georgian Bay, of not doing the typical type of A-frame construction from the '70s and building something more contemporary. That's what we're trying to bring to the city."

+

AROUND CANADA

Sail Condos, Vancouver

A new six-storey contemporary West Coast condominium by Adera Development. These apartment homes feature Wesbrook Village amenities nearby and greenways connecting the community. B.C. allowed six-storey wood frame construction in 2009.

360 Lofts, Ottawa

This 38-unit condo by Windmill Development is in the popular ByWard Market district. A six-storey facade pushes the boundaries of wood construction and resulted in a 2012 award from the Canadian Wood Council.

Solara at Skyview, Edmonton

Close to the heart of the city, this four-storey, wood frame midrise by Abbey Lane Homes is located on 127 Street in northwest Edmonton. The condo offers great value and provides generous floor plans, granite countertops and laminate flooring.

Verve Tache North, Winnipeg

It's hard to tell that this is a wood frame building. The contemporary four-storey, 62-unit condo is located in the French quarter surrounded by historic sites. It boasts a rooftop terrace that offers views of the Red River, the Forks and downtown.



TEN Mount Royal, Calgary

A new four-storey condo collection by Maple Projects, offering a Lower Mount Royal address. The City of Calgary approved the construction of six-storey, wood frame buildings in 2014.

PHOTOS: CALGARY: MAPLE PROJECTS; VANCOUVER: ADERA DEVELOPMENT; OTTAWA: FARROW DREESSEN ARCHITECTS; EDMONTON: ABBEY LANE HOMES; WINNIPEG: STREETSIDE DEVELOPMENT



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+ NEED TO KNOW

What: Vivace at West 85th
Builder: Streetside Developments
Project partner: Brimor Developments
Community: West Springs
Building type: Condominiums and townhomes
Sizes: From 654 sq. ft. condos to 1,535 sq. ft. townhomes
Pricing: Condos from the \$280,000s and townhomes from the \$500,000s
Model: One- and two-bedroom condos, two- and three-bedroom townhomes
Status: Under construction
Occupancy: Early 2017
Sales centre: #2118 8561 8A Ave. SW
Sales centre hours: Monday through Wednesday 2 to 8 p.m., Saturdays and Sundays noon to 5 p.m.
Phone: 403-474-4875
Website: livevivace.ca

CONTRIBUTED

Project overview

Brought to you by Streetside Developments, Vivace at West 85th is the next step in affordable living in Calgary's desirable West Springs neighbourhood. Currently under construction, Vivace luxury condos and townhomes offer contemporary spaces just a short drive from downtown Calgary.

Building amenities

With top-of-the-line appliances and premium finishings, Vivace homes feature high ceilings and plenty of open space. Residents have the ability to personalize their space with two different colour palettes to choose from, and can also enjoy spa-inspired bathrooms and in-floor heating throughout their home.

Location and transit

Located right next to 85th Street, Vivace residents hardly have to leave the neighbourhood for grocery and retail needs. Vivace is also close by the new 69th Street LRT station, and easy access to Bow Trail and Sarcee Trail makes for a quick downtown commute.

In the neighbourhood

A plethora of boutique stores and decadent restaurants dot West 85th, one of Calgary's newest business and residential developments. With an unparalleled view of the scenic side of Calgary, Vivace owners are also within walking distance of schools, recreation centres and all types of nature trails. ANNA BROOKS/FOR METRO

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Karl Lohnes
For Metro Canada



Who couldn't use a stud or two around the house? Whether it be diamond tufting or studding, the look is everywhere in fashion and home decor this winter.



It's not made of gold or diamonds but it's worth a million in style. **Barbara Barry for Baker Diamond Chest, \$10,500, studioBhome.com**



Diamonds are forever. **Hand-knotted Royal Maroc Light Wool Rug, 8'x10', \$1,050, eCarpetsGallery.com**



Show who's boss each morning. Limited-edition designs to personalize your morning coffee rituals. **Dot Collection Studded Cuff Mug, \$14, Starbucks.ca**

Add a sexy gold tray and you've got the best-looking, multi-purpose piece of furniture for entertaining over the holidays.

Fillmore Ottoman, antique black leather, \$600, UrbanBarn.com



You call it a planter, I call it a votive holder. **Colada Pineapple Vase, \$6, CB2.com**



Rich golden velvet adds a luxe touch to the bed or sofa. **Studded Velvet Pillow Cover, \$25, WestElm.com**

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REAL ESTATE

What's hot on the market



ANNA BROOKS/FOR METRO

1 INGLEWOOD

Hot deal: AVLI on Atlantic is offering prospective homeowners a hot deal on the highly anticipated Inglewood condos by paying the interest on your mortgage for one full year. Visit the show suite at 1012 9 Ave. SE or call 403-474-2060 for more information.

2 MISSION

Joint development: Looking to live in one of Calgary's trendiest neighbourhoods? Check out Mission 34, a new joint development by Assured Developments and Calgary Urban Equities. See the sales centre at 98 Mission Rd. SW (by appointment only) or call 403-680-2116 for more information.

3 MARDA LOOP

Open house: Check out the open house in Sarina Homes' trendy new Amaya building located just minutes away from Marda Loop. The open house will be held Nov. 7 and 8 from noon to 4 p.m. at #2 2233 26 Ave. SW.

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**SHELTER
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Get floored by paint possibilities

DIY PROJECT

Simple steps reinvent worn, faded hardwood

Worn and faded hardwood floors can drag down the look of a room. But having scuffed floors sanded down and re-stained can be expensive and messy.

One alternative that's gaining popularity: painting. You can add solid colour, stripes, or any imaginable stencilled or hand-drawn patterns to a floor.

Houzz editor Sheila Schmitz says some of the site's members who have embraced painted floors have done so with real creativity.

"We've seen homeowners reinvent their floors with glossy white paint, oversize stripes, checkerboards with alternating natural and painted finishes, and even more fanciful shapes," Schmitz says.

Here's how to do it.

Prep smart

The process is less labour-intensive than staining because you don't have to sand away every old scratch or stain. But that doesn't

mean you can skip the step of prepping your floors.

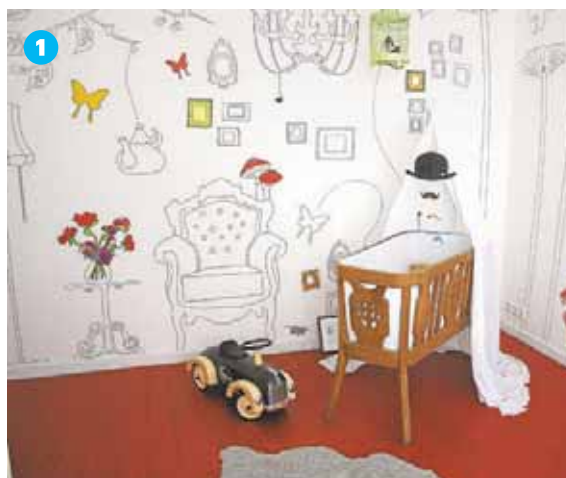
Tom Silva, general contractor on the long-running PBS television series *This Old House*, says you have to start by cleaning the floor well, then scuff with sandpaper to create a slightly rough surface so the first layer of paint or primer will adhere. Primer isn't required if the floor already has some finish on it. But putting down a few thin, clear coats of primer can make it easier if you decide years from now to remove the paint.

If you do prime the floor, use sandpaper to lightly scuff that clear coat after it dries to help painted coats adhere well.

Bold floor, neutral walls

Interior designer Camila Pavone was ahead of the trend in painting her kitchen floor in 2010. The room previously had green walls and a stained wood floor. Pavone switched the walls to a creamy white and covered the wood floor with jade green paint. She chose a formula called Break-Through!, which dries quickly and creates a harder surface than many other types of paint.

Because the kitchen is a high-traffic area, Pavone has repainted



the floors once every two years to keep them looking shiny and scratch-free.

"It's a really fast project and normally only takes around two hours," she says. "I would totally do it again!"

Pick any pattern

Paint is perfect for entryways. Thick stripes, diamond or chevron patterns can make a small foyer seem bigger, drawing atten-

tion to an otherwise ignored space. Once the floor is cleaned and prepared, simply lay out your design with painters' tape.

Be careful to measure the width of stripes or the angles of diamonds or chevrons to make sure you've laid the tape in the proper places.

Consider using stencils to add a pattern to the floor of a larger space, like an enclosed porch.

Another option: Coat the floor



1 That cosy feeling

Rich red paint on the hardwood floor brings warmth and colour to this stylish, gender-neutral nursery.

2 Check it

A white and gray checkerboard pattern painted on this hardwood floor brings the elegance of a tile floor to this otherwise casual, unpretentious hallway.

3 Serenity now

This hardwood kitchen floor designed by Camila Pavone of Effortless Style Interiors is painted a soft shade of jade green with a glossy finish.

FROM LEFT: KARINA KALIWODA/HOUZZ.COM; HOLLY MARDER/HOUZZ.COM; CAMILA PAVONE/EFFORTLESS STYLE INTERIORS (ALL PHOTOS VIA THE ASSOCIATED PRESS)

Take time for top coats

Once you've finished, add one or several clear top coats for protection. You may be tempted to paint again as soon as one thin coat feels dry, but you'll get a much better result if you leave extra time. THE ASSOCIATED PRESS

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Johnny Manziel is expected to start for the Browns (2-6) when they meet the undefeated Bengals (7-0) on Thursday night

metr SPORTS

Just grin and bear Flames' goaltending situation



THE HOCKEY NEWS

Brian Costello
FOR METRO

The Flames have a variety of options in dealing with the gaping hole in their lineup. You know, the hole that measures four feet by six feet. Here are the courses of action open to them.

PATIENCE

Jonas Hiller, Karri Ramo and Joni Ortio provided league-average goaltending last season and are bound to bounce back from bottom of the barrel puck-stopping sooner or later. They can't all be this poor for so long. The percentages are high at least one of them gets into a groove.

TRADE

Is there a team out there willing to take one of Calgary's three goalies, an asset like a prospect or one of the Flames' depth defenceman or a draft pick in exchange for a proven stopper? Maybe Cam Ward in Carolina is available. He's a pending UFA who probably won't stay with the Hurricanes. Maybe Kari Lehtonen in Dallas? Brian Elliott in St. Louis?

EXPEDITE THE GOALIE OF THE FUTURE

Jon Gillies is off to a solid,

+ ON ATTACK

Offensive zone faceoff percentage shows which players are given favorable scoring situations after a stoppage in play. At the low end are players expected to excel in a shutdown role:

Calgary's top four

- Johnny Gaudreau, 40.3
- Sean Monahan, 38.8
- Kris Russell, 38.4
- Jiri Hudler, 37.8

Calgary's bottom four

- Brandon Bollig, 19.5
- Matt Stajan, 20.1
- Deryk Engelland, 25.3
- Mason Raymond, 26.7

but not spectacular start to his pro career in the AHL. After three exceptional years in college, he was ready for the next test.

While he doesn't have many pro games under his belt, he is almost 22, with a big frame and mature approach. While many young goalies aren't NHL ready until they're closer to their mid-20s, a lot of good ones made the jump at 20 or 21.

I suspect the Flames want to give Gillies one or probably two seasons in Stockton. So the third option is a long



Joni Ortio gives up a goal to the Canadiens' Devante Smith-Pelly on Friday at the Scotiabank Saddledome. JEFF MCINTOSH/THE CANADIAN PRESS

shot. Moreover, if that were to come to pass, Ramo would land in the AHL, but that would still leave a three-headed goalie monster in Calgary. The Flames don't want to expose Ortio to waivers.

I'd rather not see the Flames give up a young asset or draft pick to add a strug-

gling goalie like 31-year-old Ward. But if the Flames could package Hiller (or Ramo) and a bad contract like Dennis Wideman for Ward and John-Michael Liles (both on expiring contracts), I'd considerate it. For all the offence Wide-

man provides, he's dreadful in his own end and his \$5.25 mil-

lion next year needs to come off the books.

The most likely option is patience. I'd like to see Ortio given a few games in a row, then I suspect Hiller — horrible body language and all — will be handed the crease for a long stretch when he's healthy.

NHL IN BRIEF

Blues best Hawks in OT

Vladimir Tarasenko scored at 3:54 of a whistle-free overtime to give the St. Louis Blues a 6-5 come-from-behind win over Chicago on Wednesday night, handing the defending champion Blackhawks their first home loss this season.

Tarasenko, who also had an assist, beat Corey Crawford on the glove side from the slot for his seventh goal after taking a nifty behind-the-back centring pass from Alex Pietrangelo.

Alexander Steen scored twice for St. Louis, which allowed more than three goals for the first time this season.

Patrick Kane was among the goal scorers for Chicago. THE ASSOCIATED PRESS

Jets double up on Leafs

Alexander Burmistrov atoned for two bad penalties, and the Winnipeg Jets made good on their vow to respond after a clunker in Montreal.

Burmistrov scored the game-winning goal out of the penalty box to give the Jets a 4-2 victory against the Toronto Maple Leafs on Wednesday night at Air Canada Centre.

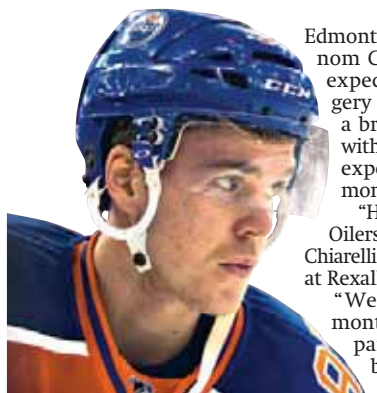
Defenceman Dustin Byfuglien, cleared by the NHL after a hearing for a hit on Canadiens forward Brendan Gallagher, also scored.

Ondrej Pavelec stopped 24 of the 26 shots he faced for the Jets.

THE CANADIAN PRESS

OILERS

McDavid expected to miss months with broken collarbone



Edmonton Oilers rookie phenom Connor McDavid was expected to undergo surgery Wednesday to repair a broken left collarbone, with a recuperation period expected to stretch into months.

"He'll be out indefinitely," Oilers general manager Peter Chiarelli told a news conference at Rexall Place.

"We're talking about months. We don't have a particular time frame, but as I said, plural, months. There will be



We're going to try and be there for him and make sure that he gets through it well. Taylor Hall

plates and screws involved (in the surgery)."

McDavid was injured Tuesday night in the Oilers' 4-2 win over the Philadelphia Flyers.

Racing down the left wing toward the Flyers goal late in the second period, with Flyer defenders Brandon Manning and Michael Del Zotto beside him, McDavid appeared to lose the edge on his skate.

The trio fell and plowed hard into the end boards.

McDavid struggled to his feet and skated slowly to the bench.

"He didn't have much to say (after the game)," said Chiarelli.

"He was upset. He loves to play the game and he won't be playing it for a while."

He said McDavid has age and character on his side.

"The silver lining is that

he's young, he's a strong kid mentally and physically, he's still developing so he'll come back probably even stronger," Chiarelli said.

"In my experience with these significant injuries with younger players they come back stronger."

McDavid went down in the 13th game of his rookie season,



Peter Chiarelli
THE CANADIAN PRESS

but in that time he had already established himself as one of the key players and catalysts on the Oilers.

McDavid has five goals and 12 points in 12 games this season. He was named rookie of the month for October.

The Oilers are 5-8 and fighting to return to the playoffs for the first time in a decade.

"Injuries are a part of a hockey but to be out that long this early in his career, I'm sure he's pretty heartbroken," said winger Taylor Hall, the Oilers' leading goal scorer. THE CANADIAN PRESS



Maëlle Ricker reacts while watching a video tribute to her career. BEN NELMS/THE CANADIAN PRESS

SNOWBOARDING

Olympic heroine Ricker calls it a day

Maëlle Ricker thought the knee injury she suffered last fall was just another bump in the road.

Concussions, broken bones, strains and sprains had sidelined the Canadian snowboarder in the past, and she always came back strong.

Ricker, who turns 37 next month, rehabbed hard in hopes of overcoming the recurring knee ailment, but when she rejoined teammates for a training camp at the end of August, she knew she had already run her last competitive race.

The first Canadian woman to win an Olympic gold medal on home soil, Ricker announced her retirement Wednesday.

"I've got a lot of mixed emotions — emotions that change by the minute," Ricker said.

Ricker was one of the stories of the 2010 Vancouver Olympics, winning gold in snowboard cross just two days after Alex Bilodeau became the first Canadian to top the podium at home with his victory in men's moguls.

THE CANADIAN PRESS

IN BRIEF

Canada beats Finland in Four Nations Cup opener

The Canadian women's hockey team opened the Four Nations Cup with a 2-0 win over Finland on Wednesday. Meghan Agosta of Ruthven, Ont., scored short-handed and Toronto's Natalie Spooner

er had an even-strength goal in the second period.

Emerance Maschmeyer of Bruderheim, Alta., earned a 17-save shutout at Sundsvall Energi Arena. Canada faces the United States on Thursday and Sweden on Saturday. THE CANADIAN PRESS

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Fired Chamblin says he deserved more time

CFL

Riders' Grey Cup winner felt he was owed a full season

Corey Chamblin harbours no resentment toward the Saskatchewan Roughriders for his dismissal as head coach but believes he deserved more time to reverse the struggling CFL club's fortunes.

Saskatchewan fired Chamblin and GM Brendan Taman on Aug. 31 after starting the season 0-9. The move came less than two years after the Riders earned just their fourth Grey Cup title and first on home soil. "There was no good way for it to happen but the toughest part is the way it happened," Chamblin said via telephone from his off-season home near Phoenix.

"I should've at least finished the season and had a greater chance to turn it around with different personnel.

"I think you have to look at the situation and what transpired and ask, 'Did it infuse life?' I left and I don't think there was that much more progress since."

Saskatchewan (2-15) is 2-6 under interim head coach Bob Dyce and concludes its season Sunday in Montreal.

"You go through (CFL), even here down south ... it's hard to win when you're down to your third quarterback," Chamblin said. "When you get down to that, there's a lot of learning that must happen so there has to be a level of patience there.

"But for (coaches) there's patience and then there's im-



Corey Chamblin's record this season before his dismissal was 0-9. BRENT JUST/GETTY IMAGES

patience saying, 'Well, hell, I better win now because it may be my head so let's keep pushing ahead instead of going the patient route.'"

Chamblin was 29-34 over three-plus seasons in Saskatchewan and 3-2 in the playoffs. The Riders made the post-season three times, winning the '13 Grey Cup.

After starting the 2014 campaign 1-2, Saskatchewan won seven straight and appeared poised to make a strong title defence. But after starter Darian Durant suffered a season-ending elbow injury, the Riders dropped seven of their final nine games, including the division semifinal to Edmonton.

Saskatchewan lost Durant to a season-ending Achilles injury in its 2015 opener before veteran backup Kevin Glenn (torn pectoral) was hurt in

AWARDS

Redblacks defensive lineman Shawn Lemon was among the CFL top performers of the week Wednesday with Edmonton Eskimos rookie Derel Walker and teammate Mike Reilly.

Lemon had a pair of sacks in the Redblacks' 12-6 victory over the Hamilton Tiger-

Cats. He got to quarterback Jeff Mathews in the first and fourth quarter. Both sacks resulted in fumbles. Walker had 10 receptions for 128 yards to move past the 1,000-yard mark for the season. Reilly completed 29 of 35 passes for 308 yards.

THE CANADIAN PRESS

a 31-21 loss to Hamilton on July 26. That forced rookie Brett Smith under centre until Glenn returned Sept. 19 for a 30-27 defeat to Ottawa.

"You don't go from five wins the year before to 8-10 and into the playoffs (in 2012), then 11-7, then 10-8," Chamblin said. "OK, you're 0-and-whatever but gone after one bad season? Excuse me, a half

of a bad season?

"The one thing I tell people is when you're in coaching, you have to expect your coaching death. My picture perfect (scenario) was to win a couple of Grey Cups and move from there ... but no matter how you look at it there's no perfect way to say good-bye when there's a firing."

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RECIPE Turkey Meatloaf with Apples and Sage



PHOTO: MAMA YISYEI

Ceri Marsh & Laura Keogh
For Metro Canada



- 1 tsp salt
- 1/4 tsp ground pepper

Directions

1. Preheat your oven to 400 F. Grease mini loaf pan or baking pan.
2. In a large skillet over moderate heat, add the butter, garlic and shallots and cook for 3 minutes.
3. Stir together apple chunks, bread crumbs and milk in a large bowl and set aside for 5 minutes. Add your turkey, egg, apple butter, sage, salt and pepper and garlic mixture to the milk and combine well. Spoon the meat mixture into your loaf tins.
4. Bake in the oven on the middle rack for about 50 minutes or until the internal temperature of a loaf reaches 160 F. In the last minute of cooking time, brush the tops with some apple butter. Remove the loaves from the oven and allow to rest for 5 minutes then serve.

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Prep time: 60 minutes

Serves 4

Ingredients

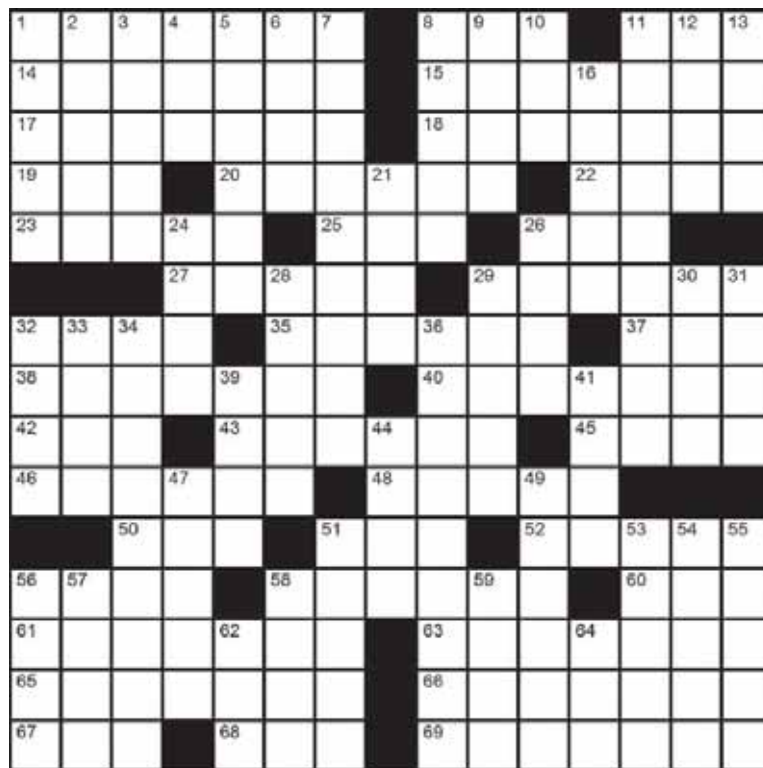
- 1 1/2 Tbsp butter
- 3 cloves garlic, minced
- 2 shallots, peeled and finely chopped
- 2 Gala apples, cored, peeled and sliced into small chunks
- 2/3 cup unseasoned bread crumbs
- 2/3 cup milk
- 2 lbs ground turkey meat
- 1 large egg, lightly beaten
- 1/4 cup apple butter, plus an extra Tbsp for tops of loaves
- 2 Tbsp chopped fresh sage

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. The new 007 movie
8. Research site
11. __ boost
14. Skull-related
15. Lasting
17. Canadian comedian Mr. Peters
18. Prop for The Penguin
19. Chemical suffix
20. Readies oneself in golf: 2 wds.
22. Attend: 2 wds.
23. Prefix to 'frost'
25. American airtel since '71
26. Bucharest money
27. Not __ in the world
29. Stinging nest pest
32. Russian ruler
35. Lizards like the GEICO commercials one
37. Deuce
38. Emmanuelle __, Montreal-born actress
40. Antlered creature of European woodlands: 2 wds.
42. Ad __ committee
43. Social news website
45. Sky bear
46. Flip the coin again
48. Ancient fabled man
50. Chg. card percentage
51. 1987 to 1994 'Star Trek' series, to fans
52. Paving stones
56. Gospel singer



- Ms. Winans
58. __ crackers
60. '80s band
61. Political pundit Ms. Huffington with a 'Post' website
63. Like a coming-soon out of stock item: 2 wds.
65. Daytime TV...

- "General Hospital": 2 wds.
66. '60s band, Wayne __ and The Mindbenders
67. Word before a bride's maiden name
68. Scale amts.
69. Gradually appears on the screen:

2 wds.

DOWN

1. __ paper
2. Trim
3. Reliever
4. Belonging to a Canuck train co.
5. Menswear accessory, variably: 2 wds.

6. Rattle
7. Vegan songstress in Crash Test Dummies born in Selkirk, Manitoba: 2 wds.
8. Madagas-car animal
9. On
10. Mr. Vereen
11. Come across
12. Mr. MacDermot (Canadian composer of Hair)
13. Margarine
16. "Understood."
21. On __ (Without a contract)
24. Husband: French
26. Mislapse
28. Chills
29. Owl's calls
30. Lamb mothers
31. 1970 war movie, when tripled!
32. Professor, puny-ly
33. Velcro closure locale
34. North Pole stuff: 2 wds.
36. Painter of Canadian nature scenes, Cornelius __ (b.1815 - d.1872)
39. Alphabetic sequence
41. Trick
44. Mr. Carvey
47. "This world was never meant for __ beautiful as you." - Don McLean, "Vincent"
49. Donny & Marie __
51. Pitfalls
53. "Look, all done!" [pl.]
54. " __ ." (Response to "What did you do next?")
55. Sandwich wrap brand
56. James or Scott
57. TV actress Kathryn
58. Annoying fly
59. Buffalo type
62. At present
64. Pathway [abbr.]

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
If someone makes you a really good offer today, find out if there are any strings attached. If they are giving you something they will most likely require something in return.

Taurus April 21 - May 21
You may have to pay over the odds for something today but don't make a big deal of it. It's only money. Don't ruin what promises to be an otherwise enjoyable day.

Gemini May 22 - June 21
There is no point trying to keep a secret from those who know you best because they can read you like a book. No matter how embarrassing, own up to what you have done. Chances are they won't even care.

Cancer June 22 - July 23
Sometimes the best way to break bad news is to come right out with it. Try to let others down gently and it could prolong the agony — they might even turn against you.

Leo July 24 - Aug. 23
You won't be thinking straight, so avoid any spur of the moment decisions that will get you into trouble. Money matters, especially, must be approached with care.

Virgo Aug. 24 - Sept. 23
The more others pressure you to follow their example the more you must resist. You know what is best for you and anyone who doesn't respect your right to make your own decision must be told to take a hike.

Libra Sept. 24 - Oct. 23
Avoid situations where you don't feel in control. And avoid people whose main aim seems to be controlling you. You are a free spirit and you are entitled to come and go as you please.

Scorpio Oct. 24 - Nov. 22
Something is worrying you and you won't get over it by trying to put it out of your mind. The only way to deal with your fear is to face it and not be afraid of what you might find.

Sagittarius Nov. 23 - Dec. 21
Listen to your inner voice. If you let people persuade you that their aims should be your aims you will find yourself heading in a direction that takes you away from your goals.

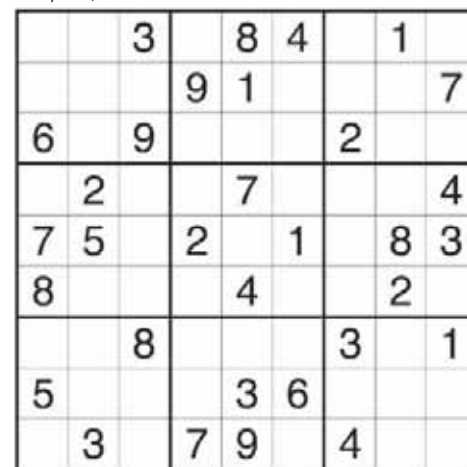
Capricorn Dec. 22 - Jan. 20
Tread carefully when talking to loved ones. If they get the impression that you are telling them what to do they will react in a forceful way. Only give advice if it is asked for.

Aquarius Jan. 21 - Feb. 19
Be on your guard today. There may be no logical reason why you should be suspicious but on a deeper level you seem to know that all is not as it seems. Above all, don't commit yourself.

Pisces Feb. 20 - March 20
Someone will let you in on what they say is a secret but can you be sure they are not trying to mislead you? The planets warn that what they tell you will only be part of the story.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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